

Tainted Love

Count: 64 / 2 Restart

Wall: 2

Level: Intermediate

Choreographer: Hiroko Carlsson (Grafton, Australia) September 2016

Music: Gloria Jones- Tainted Love (1976) – Available on iTunes. Please contact me for demo & work through, I will send via e-mail as an attachment. (hirokoinedancing@gmail.com)

(Intro: 16 counts)

[S1] Fwd, Fwd, Side, Heel Grind Side, Heel Grind Side, 1/4L, Back Rock

1 2 Step R fwd, step L fwd
3 4 Step R side, step L heel forward with toe pointing towards R
5 6 Grind L heel into floor and step R side, step L heel forward with toe pointing towards R
7 8 Grind L heel into floor and turn 1/4L step R back, rock L back (9:00)

[S2] Recover, Fwd, Heel Grind, Side, Heel Grind, 1/4R, Back Rock, Recover

1 2 Recover weight on R, step L fwd,
3 4 Step R heel forward with toe pointing towards L, grind R heel into floor and step L side
5 6 Step R heel forward with toe pointing towards L, grind R heel into floor and step L side
7 8 Turn 1/4R then rock R back, recover weight on L(12:00)

[S3] Walk-walk, Locking Chair w/Look back, Rock Fwd,

1 2 Walk R L
3 4 5 6 Rock R fwd, recover on L, rock R back (look back 6:00), recover on L
7 8 Rock R fwd, recover on L (12:00) and start turning R

[S4] 1/2R Fwd, Together, Rock Back, Fwd, Fwd, Together, 1/4L Flick R

1 2 Turn 1/2R step R fwd, step L next to right
3 4 Rock R back, recover on L,
5 6 Step R L
7 8 Step R next to L slightly bend knees, turn 1/4L then flick R toe to side (3:00)

[S5] 2x Cross Point, Cross, 1/2L w/3x bounce

1 2 3 4 Cross R over L, point L toe to left side, cross L over R, point R toe to right side,
5 6 7 8 1/8L Cross R over L (facing 1:30), 3x 1/8L bounce turn (unwind 3/8L count 678) (9:00)

[S6] Side Rock, Together, Back, 1/4R Turning Scissor Cross, Side Point

1 2 Rock R side, recover weight on L,
3 4 Step R next to L, step L back,
5 6 7 8 Step R side then start turning R, turn 1/4R step L back, cross R over L, point L toe to left side

[S7] 3x Fwd Stomp Hitch, 1/2R Hook

1 2 Stomp L fwd, hitch L front of R
3 4 Stomp L fwd, hitch L front of R
5 6 Stomp L fwd, hitch L front of R
7 8 Step L fwd, turn 1/2R weight on L hook R front of L**

[S8] 1/8R Fwd, 2x Diamond Quarter Walk

1 2 Turn 1/8R step R fwd, step L side (7:30)
3 4 Turn 1/4R step R side, turn 1/4R step L side (1:30)
5 6 Turn 1/4R step R side, turn 1/4R step L side (7:30)
7 8 Turn 1/4R step R side, turn 1/4R step L side (1:30)

Make 3/8 turn R and start dance again

Restart Wall 2 and 4 – after 56 counts ** (restart at 12:00)