

STOMP DOWN EZ



WRITEN BY; DIANA BISHOP

SONG & ARTIST; TAKE DOWN by RAYELLE

1 WALL UPER BEGINNER LINE DANCE NO TAGS- NO RESTARTS 40 COUNTS

REVISED SHEET

START DANCE AFTER VOCALS of LA LA LA LA LA LA LA 3-3-2020

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BEATS STEPS

1.2.3.4

STEP LOCK STEP TO R CRN

STEP R AT R CRN, STEP L NEXT TO R, STEP R AT R CRN HOLD

5.6.7.8.

STEP LOCK STEP TO L CRN

STEP L AT L CRN, STEP R NEXT TO L, STEP L AT L CRN HOLD

1.2.3.4

STOMP 2 TIMES, SIDE, HOLD

STOMP R NEXT TO L - 2 TIMES, STEP R TO R, HOLD (full weight on to R foot)

5.6.7.8.

STOMP 2 TIMES, SIDE, HOLD

STOMP L NEXT TO R - 2 TIMES, STEP L TO L, HOLD

1.2.3.4

3 HIP BUMPS, HOLD

HIP BUMPS R,L,R HOLD

5.6.7.8.

3 HIP BUMPS, HOLD

HIP BUMPS L,R,L HOLD

1.2.3.4

CROSS BEHIND, FWD, SIDE

STEP R BEHIND L, STEP L FWD, STEP R TO R SIDE, HOLD

5.6.7.8.

CROSS BEHIND , FWD, SIDE

STEP L BEHIND R, STEP R FWD, STEP L TO L SIDE, HOLD

1.2.3.4

½ TURN PIVOT L, HOLD

STEP R FWD TURN ½ L, STEP L IN PLACE, STEP R FWD HOLD

5.6.7.8.

RUN FWD 3 STEPS STOMPING EACH FOOT, HOLD

RUN FWD L,R,L, STOMPING EACH FOOT, HOLD

START DANCE AGAIN