

# SOMETHING SLOW

**CHOREOGRAPHY** Terry Hogan - Brisbane, Australia. [terryh7@bigpond.net.au](mailto:terryh7@bigpond.net.au)

**MUSIC** Hey Mr DJ by Van Morrison.

32 count, Easy Intermediate level, 4 wall line dance turning clockwise. 32 count intro. June 2009.

**1-8: FWD L, R KICK BALL STEP, FWD R, 1/4L, CROSS R, SIDE SHUFFLE LRL**

- 1 Step forward Left
- 2,&,3 Kick Right forward, step ball of Right beside Left, step slightly forward Left
- 4,5,6 Step forward Right, make 1/4 pivot turn left onto Left, step Right over Left
- 7,&,8 Shuffle to the left side Left, Right, Left

**9-16: R DIAG HIP BUMP x2, L DIAG HIP BUMP x2, ROCK FWD R, REPLACE L, R COASTER**

- 1,2 Step forward Right toward right diagonal and push/bump hips toward diagonal twice
- 3,4 Step forward Left toward left diagonal and push/bump hips toward diagonal twice
- 5,6 Rock-step forward Right, replace weight back onto Left
- 7,&,8 Step back Right, step Left beside Right, step forward Right

**17-24: STEP FWD L, 1/2R FWD R, ROCK FWD L, REPLACE R 1/4L, SIDE SHUFFLE LRL, CROSS R, SIDE L**

- 1,2 Step forward Left, make 1/2 pivot turn onto Right
- 3,4 Rock-step forward Left, replace weight back onto Right and make 1/4 turn left
- 5,&,6 Shuffle to the left side Left, Right, Left
- 7,8 Step Right over Left, step side Left

**25-32: R SAILOR 1/4R, FWD L, FWD R, FWD L TWIST L, TWIST R, TWIST L, TWIST R**

- 1,&,2 Step Right behind Left, step side Left, make 1/4 turn right and step forward Right
- 3,4 Step forward Left, step forward Right
- 5,6\* Step forward Left twisting heels to the left, twist heels to the right - *weight Right*
- 7,8\* Twist heels left, twist heels right

**\*As you do these steps, keep the weight over the Right foot throughout.**

**You will face the right diagonal as you swivel the heels to the left, and then face the front as you swivel them to the right.**

**As an option do a double twist the 2nd time, making the count 7,&,8,&**

*I heard this song as 'Muzac' in a department store a few years back and it took me a bit of detective work to find it - what did we do before the net? I have had it 'up my sleeve' since then and have no reason for not using it before this, except that I always seem to forget about it when I am looking for music. I really like it's relaxed feel and wanted to do something easy without many turns to match the mood. It is currently available on 2 CDs, The Best Of Van Morrison, & Still On Top - The Greatest Hits Of Van Morrison.*