SOLEY, SOLEY

WRITTEN BY; DIANA BISHOP
SONG & ARTIST; SOLEY, SOLEY, by MIDDLE of THE ROAD
2 WALL UPPER BEGINNERS DANCE 13-5-2014

BEATS STEPS

*****START DANCE WITH FEET APART;
START DANCE ON WORD ""OHHHHHHHH""

1.2.3&4

BEHIND, FWD, TRIPLE STEP

ROCK R BACK BEHIND L, FWD ON TO L, STEP R,L,R IN PLACE NEXT TO L 5.6.7&8

BEHIND, FWD, TRIPLE STEP

ROCK L BACK BEHIND R, FWD ON TO R, STEP L,R,L IN PLACE NEXT TO L

1&2.3&4

2 SHUFFLES FWD

SHUFFLE FWD R,L,R, L,R,L

5.6.7&8

FWD, BACK, 1/2 TURN SHUFFLE R

ROCK FWD ONTO R, BACK ON L, 1/2 TURNING SHUFFLE TO R, ON R,L,R

1.2&3.4

STEP HOLD, & BACK, FWD, FWD

STEP L FWD, HOLD, JUMP R BACK, STEP L FWD, STEP R FWD

5.6.7&8

STEP HOLD, & BACK, FWD, FWD

STEP L FWD, HOLD, JUMP R BACK, STEP L FWD, STEP R FWD

1.2.3.4.

STEP L AS YOU ROLL HIP L, ROLL R, ROLL L, ROLL R,

STEP L TO L, AS YOU ROLL HIP TO L, ROLL HIP R, ROLL HIP L, ROLL HIP R 5.6.7.8

ROLL HIP L,R,L, HOLD

ROLL HIP L,R,L, HOLD

(AS YOU STEP L TAKE IT A LITTLE FURTHER SO YOUR FEET ARE APART TO STRAT DANCE AGAIN AFTER HOLD)