

Slow Hand Easy Touch AB

Count: 32 Wall: 2 Level: AB Beginner

Choreographer: Annemaree Sleeth – March 2020

Music: "Slow Hand Up" by Mike Ryan 3.15 Length Or use Slow Hand by The Pointer Sisters. Tags maybe different Starts approx. 16 Counts on Lyrics Start on "Midnight"

Can Be Used as a Split Floor to Crystal Touch by Claire Bell and Maddison Glover

This dance was written to teach our Ab Beginners Rocking Chair Steps

SLOW HALF RHUMBAS, FORWARD X 2 **S** 1 1 - 8 1-2 Step R Side, Step L Together 3-4 Step R Forward, Hold/Touch L Together Step L Side, Step R Together 5-6 7-8 Step L Forward, Hold/Touch R Together 9-16 ROCKING CHAIRS X 2 S 2 1-2 Rock R Forward, Recover L Rock R Back, Recover L 3-4 5-6 Rock R Forward, Recover L 7-8 Rock R Back, Recover L

S 3 17 - 24 STEP, HOLD, ¼ L PIVOT, HOLD X2

1-2 Step R Forward, Hold
3-4 Pivot ¼ L, Hold
5-6 Step R Forward, Hold
7-8 Pivot ¼ L, Hold 6.00

S 4 25 - 32 ROCKING CHAIR, SIDE, TOUCHES X 2

1-2 Rock R Forward, Recover L
3-4 Rock R Back, Recover L
5-6 Step R Side, Touch L Together
7-8 Step L Side, Touch R Together (Wgt L)

Tag End Of **Wall 2** Facing 12.00 R Side, Touch, L Side, Touch

Ending Dance Sec 1 and 2 Counts of Sec 2. (Rock, Recover)

BEGIN AGAIN

Watch The Video on annemaree sleeth Youtube Email-inlinedancing@gmail.com