

SKINNY LOVE

SONG: SKINNY LOVE
ARTIST: BIRDY
ALBUM: BIRDY
CHOREOGRAPHER: MICHAEL VERA-LOBOS NOV 2012
ORIGINAL POSITION: FEET TOGETHER WT ON LEFT
16 COUNT INTRO

BEATS: STEPS: 2 WALL 64 COUNT ADVANCE DANCE

- 1 – 8&**
1&2&3&4
&5,6&7
8&
COASTER FWD R & ¼ R CROSS, BALL CROSS & OUT OUT DRAG, BEHIND & CROSS FWD, STEP FWD & 3/8 SWEEP L
Step fwd R & Step L beside R, Step back on R & Stepping L beside R Turn ¼ R Crossing R over L & Stepping L to L cross R over L (3:00)
Stepping L out to L Take a large Step R to R, Cross L behind R & Step R to R, Cross Step L slightly fwd over R
Step fwd R & Turning 3/8 R Keeping wt on R Sweep L to L side (7:00)
- 9 – 16&**
1&2&3
4&5
6&7,8&
STEP FWD & ¼ L, STEP BACK & ¼ R, STEP FWD, LOCK SHUFFLE BACK SWEEP SIDE, SAILOR DRAG, ¼ R & ½ R
Step fwd L (7:00) & Stepping R beside L turn ¼ L (5:00), Step back on L & Stepping R beside L Turn ¼ R, Step fwd on L (7:00)
Step back on R & Lock L over R, Step back on R Sweeping L to L to straighten to back wall (6:00)
L sailor dragging R towards L, Turn ¼ R on R & Turn ½ R Stepping back on L (3:00)
- 17 – 24&**
1,2&3
4&5
6&7,8&
STEP BACK, ROCK BACK & REPLACE ¼ R SIDE DRAG, ROCK BEHIND & REPLACE, ¼ R, 1/2 R & ¼ R, CROSS, ¼ L & ¼ L
Step back on R, Rock back on L & Replace wt on R, Turning ¼ R Step L to L dragging R (6:00)
Rock R behind L & Replace wt on L, Turn ¼ R Stepping fwd R (9:00)
Travel fwd – Turn ½ R Stepping back on L & Turn ¼ R on R, Cross L over R (6:00), Turn ¼ L Stepping back on R, Turn a further ¼ L
Ending with L to L side (12:00)
- 25 – 32&**
1,2&3
4&5
6&7,8&
STEP SIDE, CROSS BEHIND & STEP SIDE, STEP FWD, STEP FWD & ½ PIVOT L, ¼ SIDE DRAG L, BEHIND & ¼ R, ¼ R, ROCK BACK & REPLACE
Take a large Step R to R, Cross L behind R & Step R to R, Step fwd on L (12:00)
Step fwd R & pivot ½ L, Turning a further ¼ L Step R to R dragging L towards R (3:00)
Cross L behind R & Turn ¼ R on R, Turn a further ¼ R Ending with L to L, Rock back on R & Replace wt on L
- 33 – 40&**
1&2,3,4
&5,6&7
8&
FULL TRIPLE FWD R, ROCK FWD, REPLACE & ¼ L, CROSS, SIDE ROCK & REPLACE, CROSS, ¼ L & CROSS LOCK
Full triple Spin Travelling fwd over R Stepping R,L,R, Rock fwd on L, Rock back on R (9:00)
& Turning ¼ L on L Cross R over L, Rock L to L & Replace wt on R, Cross L over R (6:00)
Turning ¼ L Step back on R, Cross Lock L over R (3:00)
- 41 – 48**
1,2&3
4&5
6,7,8&
STEP BACK, COASTER ¼ L CROSS, SIDE & ½ HINGE L, CROSS, HIP SWAY L, R, STEP SIDE & CROSS
Step back on R, Step back on L & Stepping R beside L Turn ¼ L, Cross L over R (12:00)
Step R to R & Hinge ½ L Ending with L to L, Cross R over L (6:00)
Hip Sway L, Hip sway R, Step L to L & Cross R over L (6:00)
- 49 – 56**
1,2&3
4&5
6&7
8&
SIDE DRAG, SIDE & TOGETHER, FWD, SIDE & ¼ R SIDE, CROSS, 1 ¼ TRIPLE R, STEP FWD & ½ PIVOT R
Step L to L dragging R towards L, Step R to R & Step L beside R, Step fwd on R (6:00)
Step L to L & Turning ¼ R Step R to R side, Cross L over R (9:00)
Turn 1 ¼ R Travelling to R side Stepping R,L,R (12:00)
Step fwd L & Pivot ½ R (6:00)
- 57 – 64&**
1,2&3
4
5&6
7,8&
WALK FWD, COASTER FWD SWEEP SIDE, BACK SWEEP, COASTER BACK R, FULL SPIN FWD R & STEP BESIDE
Walk fwd L, Step fwd R & Step L beside R, Step back on R Sweeping L to L side
Step back on L slightly behind R Sweeping R to R
Step back on R & Step L beside R, Step fwd on R (6:00)
Full Spin fwd R Stepping L then R & Step L beside R (6:00)
- RESTART :** **On Wall 2 Dance to count 36**, Then turning ¼ L Step L to L, Drag R towards L Start Again (Facing 12:00)
On Wall 4 Dance to count 28&, Then Step fwd R, Step L beside R (Start again facing 12:00)
- FINISH:** **On count 55 Facing front Wall**
- Note:** **Wall 1 – Music is slow – follow the piano count continuously throughout the song. On Wall 1 on counts 62 – 64 Slow down the spin. Once you hit Wall 2 the dance is quite Brisk**
Wall 4 is difficult – Dance at normal speed and the first 8 & counts will bring you to the front wall – It will be easier to catch the beat from this point
Good Luck – Try and Not fall off the Perch.....Lol

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