

Shape of You - AB (aka A Mean Pair of Jeans AB)



Note I have written this for the students at Sherbrooke U3a Melbourne Australia.

This dance reinforces Toe Stuts Forward and Back, Reinforces Vines

New Step are Hip Bumps and V Step, ¼ Vine, Point, Touches Dance 3 Of My Beginner Programme

Count: 32 Wall: 4 Level: Absolute Beginner

Choreographer: Annemaree Sleeth (AUS) – May 2022

Music : Shape Of You by Ed Sheeran or A Mean Pair Of Jeans by Marty Rhone (Faster Music)

Alternate Music Havana, Camila Cabello

Alternate Music Cheap Thrills by Sia and many more

Starts Counts In 16 counts in “Club”

Starts 32 Counts In Mean Pair Of Jeans “In She Comes”

S 1 (1 – 8) FORWARD TOE STRUTS X 2 SINGLE HIPS

- 1-2 Touch Right Toe Forward, Drop Right Heel
- 3-4 Touch Left Toe Forward, Drop Left Heel
- 5-6 Step Right Side Bump Hips Right, Bump Hips Left
- 7-8 Bump Hips Right, Bump Hips Left

S 2 (9 – 16) BACK TOE STUTS X 2 POINT, TOUCHES X 2

- 1-2 Touch Right Toe Back, Drop Right Heel
- 3-4 Touch Left Toe Back, Drop Left Heel
- 5-6 Point Right Side, Touch Right Beside Left
- 7-8 Point Right Side, Touch Right Beside Left

Optional Head Styling. On Both Point Touch Sections 2 & 4

Look Head To Right Shoulder, Turn Head To Centre, Look Head To Right Shoulder, Head To Centre

Optional Head Styling. On Both Point Touch Sections 2 & 4

S 3 (17 – 24) VINE TOUCH, ¼ L VINE TOUCH

- 1-2 Step Right Side, Cross Left Slightly Behind Right
- 3-4 Step Right Side, Touch Left Beside Right
- 5-6 Step Left Side, Cross Right Behind Left
- *7-8 Turn ¼ L Step Left Forward, Touch Right Beside Left (9.00)

DON'T TURN THE LAST VINE TO MAKE IT A ONE WALL DANCE

S 4 (25 – 32) V STEP, POINT, TOUCH, POINT TOUCH

- 1-2 Step Right Diagonally Forward, Step Left Diagonally Forward
- 3-4 Step Right Back, Step Left In Beside Right
- 5-6 Point Right Side, Touch Right Beside Right
- 7-8 Point Right Side, Touch Right Beside Left

Easier Option on Last 4 Counts

5 – 8 STEP RIGHT SIDE, TOUCH LEFT BESIDE RIGHT, X 2

DANCE ENDS step Right ¼ Left Across Right And Pose ☺ on Shape Of You

Optional Hand Movements On V Step

1 – 4 Right Hand Up/Out, Left Hand Up/Out Right Hand Down, Left Hand Down

ENDING V LAST WALL FACING 9.00 DANCE TO COUNT 8 HIPS THEN

STEP ¼ RIGHT OVER LEFT

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