

Shake Ya Body!

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| Song | Shake Senora (3.35) | Artist | Pitbull (Sean Paul, T-Pain) | Album | Planet Pit |
| Choreographer | Tim Gauci, BROKEN HILL, NSW, AUSTRALIA sclld@ozemail.com.au | | | 0417 004 759 http://members.ozemail.com.au/~timgauci/ | |
| Description | 3 Wall, 112 Beat, Intermediate Phrased Line (AB) Dance, begin 32 beats in, on main lyrics | | Date | March 2013 | |

BEATS STEP DESCRIPTION (Version 1 – 1 April 2013)

A 1-8 FWD SHUFFLE, FWD, ROCK, BACK SHUFFLE, BACK, ROCK 12.00

1&234 Shuffle fwd RLR, step L fwd, rock weight onto R

5&678 Shuffle back LRL, step R back, rock weight onto L

9-16 CROSS, TOUCH, CROSS, TOUCH, CROSS, BACK, SIDE, FWD 12.00

1234 Step R fwd and across L, point L toe to L side, step L fwd and across R, point R toe to R side

5678 Step R over L, step L back, Step R slightly to R, step L fwd

17-24 SHUFFLE FWD, SHUFFLE FWD, CROSS, BACK, ¼, FWD 3,6,9,12.00

1&23&4 Shuffle fwd RLR, shuffle fwd LRL

5678 Step R over L, step L back, making ¼ turn R step R to R side, step L fwd (shake ya shoulders/body for these 4 beats)

25-48 Repeat beats 17-24 – 3 more times to make a full turn

49-56 TOUCH HIP, HIP, BEHIND, SIDE, CROSS, REPEAT WITH L 12.00

123&4 Touch R to R side pushing hips to R, push hips to R (weight L), step R behind L, step L to L (&), step R across L

567&8 Touch L to L side pushing hips to L, push hips to L (weight R), step L behind R, step R to R (&), step L across R

56-64 FRONT, SIDE, COASTER TURN ¼ L, FRONT, SIDE, COASTER TURN ¼ L 12.00

123&4 Touch R toe fwd, touch R toe to R side, making ¼ turn R step R back, step L tog (&), step R fwd

567&8 Touch L toe fwd, touch L toe to L side, making ¼ turn L step L back, step R tog (&), step L fwd

64 Beats

B 1-8 WALK FWD RL, FWD, TOG, BACK, WALK BACK LR, BACK, TOG, FWD 12.00

123&4 Walk fwd R,L, step fwd R, step L tog (&), step R back

567&8 Walk back L,R, step back L, step R tog (&), step L fwd

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9-16 SIDE, ROCK, CROSS, SIDE, ROCK, CROSS, CROSS, BACK, 135DEG TURN, SHUFFLE FWD LRL 4.30

1&23&4 Step R to R side, rock weight onto L (&), cross R over L, step L to L side, rock weight onto R (&), cross L over R

56&7&8 Cross R over L, step L back, making 135deg turn R step R fwd (facing 4.30 diagonal), shuffle fwd LRL

17-24 DOROTHY STEP, ¼ TURN DOROTHY STEP, STEP, PIVOT ½, SHUFFLE FWD RLR 7.30

12&34& Facing 4.30 step R fwd, lock L behind R, step R fwd (&), turning 90deg L (facing 1.30 wall) step L fwd, lock R behind L, step L fwd (&)

567&8 Step R fwd, pivot ½ turn L (facing 7.30 wall) shuffle fwd RLR

25-32 DOROTHY STEP, ¼ TURN DOROTHY STEP, STEP, PIVOT 135DEG, PADDLE ¼ R 6.00

12&34& Facing 7.30 step L fwd, lock R behind L, step L fwd (&), turning 90deg R (facing 10.30) step R fwd, lock L behind R, step R fwd (&)

5678 Facing 10.30 step L fwd, pivot 135deg R to face 3.00 wall, step L fwd, paddle ¼ turn R to face 6.00 wall

33-40 CROSS, SIDE, SAILOR STEP, CROSS, SIDE, BEHIND, SIDE, CROSS 6.00

123&4 Cross L over R, step R to R, step L behind R, step R slightly R (&), step L to L

567&8 Cross R over L, step L to L, step R behind L, step L to L (&), step R over L

41-48 SIDE, ROCK, CROSS SHUFFLE, ¼, ½, STEP, PIVOT ½ 3.00

123&4 Step L to L, rock weight onto R, cross shuffle L over R (LRL)

5678 Making ¼ turn L step R back, making ½ turn L step L fwd, step R fwd, pivot ½ turn L (weight L)

48 Beats Repeat dance in new direction

Phrasing – A, B, A, B, A, Tag, B (short wall), A, short A

Tag – add the following 8 beats

1-8 TOUCH, HOLD, HOLD, HOLD, CHUG ¼, REPEAT CHUG 3 MORE TIMES

1234 Touch R toe to R side, hold, hold, hold

5678 Making ¼ turn L touch R toe to R side, repeat 3 more times to make a full turn in all (facing 6.00 wall)

B (short wall) – dance up to beat 32, add the following ‘&’ beat, step L tog (&) – restart part A facing the front wall (12.00)

A (short wall) – start dance from beats 17-48, finish dance facing front (12.00 wall), big stomp R to R side

Enjoy ☺