

# Sail 4 Ever

Description: Absolute Beginner: 32 count. 4 Wall.

Music: Island by Eddy Raven.

Choreographer: Shanthie De Mel, Australia. July 2024.

Intro: Begin on lyrics. Rotation left. No Tags or Restarts. Do your own styling with a rocking motion.

(1-8) **SIDE. TOGETHER. SHUFFLE FORWARD. x2**

- 1, 2 Step R to right side. Step L together.
- 3&4 Shuffle forward R-L-R.
- 5, 6 Step L to left side. Step R together.
- 7, 8 Shuffle forward L-R-L. (12:00)

(9-16) **ROCKING CHAIR RIGHT. x2**

- 1, 2 Rock R forward. Recover on L in place.
- 3, 4 Rock R back. Recover on L in place.
- 5, 6 Rock R forward. Recover on L in place.
- 7, 8 Rock R back. Recover on L in place. (12:00)

Optional: Do rainbow arms.

(17-24) **TAP. BEHIND. SIDE. CROSS. x2**

- 1, 2 Tap R to right side. Cross R behind L.
- 3, 4 Step L to left side. Cross R over L.
- 5, 6 Tap L to left side. Cross L behind R.
- 7, 8 Step R to right side. Cross L over R. (12:00)

(25-32) **SAILOR RIGHT. HOLD. TURNING 1/4 LEFT SAILOR LEFT. HOLD.**

- 1, 2 Step R behind L. Step L to left side
- 3, 4 Step R to right side. Hold.
- 5, 6 Turning 1/4 left step L behind R. Step R to right side. (9:00)
- 7, 8 Step L to left side. Hold. (9:00)

Begin sequence again. Smile. Have fun!