

SAFE INSIDE

SONG:	SAFE INSIDE
ARTIST:	JAMES ARTHUR
ALBUM:	BACK FROM THE EDGE
CHOREOGRAPHER:	NOEL BRADEY, SYDNEY, February 2017
ORIGINAL POSITION:	Feet Together, Weight on R foot
DANCE STARTS:	After 16 Count Introduction

BEATS:	STEPS:	TWO WALL ADVANCED LINE DANCE	Version: 1:00
1-8	FWD, FWD, FWD, ½ PIVOT, ¼ SIDE, BEHIND, REPLACE, SIDE		
1,2,3,4	Step fwd L, Step fwd R, Step fwd L, Pivot turn 180°right (<i>wt R</i>)		(6:00)
5,6,7,8	Turn 90°right stepping L to left side, Cross/step R behind L, Replace wt to L, Step R to right side		(9:00)
9-16	½ HINGE, HOLD, ¼, ½, TOUCH BACK, ½ UNWIND, LUNGE FWD, HOLD		
1,2	Hinge turn 180°left stepping L to left side, Hold		(3:00)
3,4	Turn 90°right taking weight onto R, Turn 180°right stepping back onto L		(12:00)
5,6	Touch R toe back, Unwind 180°right taking weight onto R		(6:00)
7,8	Lunge fwd onto L, Hold		
17-24	DIAG BACK, CROSS, DIAG BACK, DIAG BACK, CROSS, ½ UNWIND, ¼ SIDE, TOGETHER		
1,2,3,4	Step R back on right diagonal, Cross/step L over R, Step R back on right diagonal, Step L back on left diagonal		
5,6,7,8	Cross/step R over L, Unwind 180°left (<i>wt R</i>), Turn 90°left stepping L to left, Step R beside L		(9:00)
25-32	FWD, ½ PIVOT, FWD ½ PIVOT, ¼, BEHIND, ¼, ½		
1,2,3,4	Step L fwd, Pivot turn 180°right (<i>wt R</i>), Step L fwd, Pivot turn 180°right (<i>wt R</i>)		(9:00)
5,6,7,8	Turn 90°right stepping L to left side (#), Cross/step R behind L, Turn 90°left stepping L fwd, Turn 180°left stepping R back		(3:00)
33-40	BACK COASTER, DRAG, FWD COASTER, ¼ SIDE WITH DRAG		
1,2,3,4	Step L back, Step R beside L, Step L Fwd, Drag R fwd towards L		
5,6,7,8	Step R fwd, Step L beside R, Step R back, Turn 90°left dragging R towards L		(12:00)
41-48	CROSS, ¼, ¼, DRAG, CROSS, HOLD, REPLACE, SIDE		
1,2,3,4	Cross/step R over L, Turn 90°right to step L back, Turn 90°right stepping R to right, Drag L toward R		(6:00)
5,6,7,8	Cross/rock L over R, Hold, Replace weight to R, Step L to left side		
49-56	CROSS, ¼, ¼, DRAG, CROSS, REPLACE, ¼, ½		
1,2,3,4	Cross/step R over L, Turn 90°right to step L back, Turn 90°right stepping R to right, Drag L towards R		(12:00)
5,6,7,8	Cross/rock L over R, Replace weight to R, Turn 90°left to step L fwd, Turn 180°left to step R back		(3:00)
57-64	¼ SIDE, DRAG, ¼, ½, ½ SCISSOR STEP, ¼ TURN HITCH		
1,2,3,4	Turn 90°left stepping L to left side, Drag R in to beside L (<i>wt L</i>), Turn 90°right stepping R fwd, Turn 180°right stepping L back		(9:00)
5,6,7	Turn 180°right stepping R to right side, Step L beside R, Cross/step R over L		(3:00)
8	With weight on R turn 90°right hitching L slightly		(6:00)
64	Restart dance on new wall		

DANCE ENDS: Wall 7 - Dance to Count 29 (#) dragging R in to beside L to finish to the front.

Choreographers Note: The degree of difficulty is the ability to keep in time with the music. Avoid listening to the singer and tune your ear to the instrumental to find your way with this song!

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