

SAFE IN MY ARMS EZ

Choreographer: Josh Talbot (AUS), March 2018

Sheet written 12/03/18

Description: 32 count, 4 wall Beginner

Music: My Arms **By** Nashville Cast

Video Available on:

Youtube video on account "[helenng27](#)"

Website www.jbtalbot.com

With the Approval of Kevin and Maria Smith (Kickin Country); This is a split floor to their fantastic dance "Safe In My Arms".

Dance starts on the lyrics

1-8 WEAVE LEFT, CROSS ROCK, RECOVER, SIDE SHUFFLE

1234 Cross R over L, step L to L, Step R behind L, step L to L

567&8 Cross rock R over L, recover weight L, step R to R, step L together, step R to R

9-16* WEAVE LEFT, CROSS ROCK, RECOVER, SIDE SHUFFLE

1234 Cross L over R, step R to R, Step L behind R, step R to R

567&8 Cross rock L over R, recover weight R, step L to L, step R together, step L to L*

17-24 FWD, POINT, FWD, POINT, ¼ JAZZ BOX

1234 Step R fwd, point L toe to L, step L fwd, point R toe to R

5678 Cross R over L, starting to make ¼ R step L back, complete ¼ R step R to R, step L together

24-32 WALK, WALK, WALK, DRAG, WALK, WALK, WALK, DRAG

1234 Step R fwd, step L fwd, slightly larger step R fwd, drag L together

5678 Step L fwd, step R fwd, slightly larger step L fwd, drag R together

32 counts

Restart: Dance to count 16 then restart*

Josh Talbot

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