

## **RUNNIN' AROUND**

**Count:** 64 **Wall:** 2 **Level:** Improver. **Choreographer:** Di McGrorey. Forster

**Music:** Runnin' Around by Sons of the Palomino. iTunes. 3m.20s Oct, 2017

**Intro:** 16 counts, Weight on Left. Version 2. email:cdmcgrorey@westnet.com.au

### **Step, Rock, Cross Strut, Side, Behind, Side, Cross**

1,2,3,4 Step R to Side, Rock L to L Side, Cross Strut R Over L

5,6,7,8 Step L to Side, Step R Behind, L to Side, Cross Step R Over L

### **Step, Rock, Cross Strut, Side, Behind, Side Cross**

1,2,3,4 Step L to Side, Rock R to R Side, Cross Strut L Over R

5,6,7,8 Step R to Side, Step L Behind, R to Side, Cross Step L Over R ## restart here

### **1/4 Turn Monterey, Jazz Box 1/4 Turn**

1,2,3,4 Touch R to Side, Turn 1/4 to R, Step on R, Touch L to Side, Step on L

5,6,7,8 Cross Step R Over L, Step Back on L, 1/4 Turn Step R to Side, Step L Together.

### **Side Shuffle, Back, Rock, Side Shuffle, Back, Rock**

1&2,3,4 Side Shuffle R, Rock Back, Step Forward

5&6,7,8 Side Shuffle Rock L, Rock Back, Step Forward.

### **Forward, Lock, Shuffle Forward, Forward Lock, Shuffle Forward**

1,2,3&4 Forward R, Lock L Behind, Shuffle Forward on R

5,6,7&8 Forward L, Lock R Behind, Shuffle Forward on L

### **Forward, Rock, 1/4 Right to Side, Cross, Side, Behind, Side, Cross**

1,2,3,4 Rock Fwd R, Step Back L, Turn 1/4 R, Step R to Side, Cross Step L over R

5,6,7,8 Step R to Side, Step L behind R, Step R to Side, Cross Step L over R

### **Side, Rock, Cross Shuffle, 1/4 Back, Rock, Forward, Scuff**

1,2,3&4 Rock R to Side, Step L to Side, Cross Shuffle R over L

5,6,7,8 Step Back on L Turning 1/4 R, Rock Forward R, Step L, Scuff R

### **Pivot 1/2, Step Forward, Hold, Roll Forward, Forward, Hold**

1,2,3,4 Step Forward Right, Pivot 1/2 turn, Step Forward Right, Hold

5,6,7,8 Roll Forward Right, Stepping L, R, L, Hold

**Walls 2,5&7** add a rocking chair after 32 counts (all at 12.00) **Wall 3**, restart after 16 counts.