

Runaway Heart

Music: Runaway-Del Shannon/Gary Allan/The Travelling Wilburys/iTunes
Choreographer: Sandy Kerrigan (Sydney) Australia – July 2015
Dance Description: 4 Wall 32 Count Beginner/Improver Line Dance
Dance Info: Wt on L-BPM [145]-Track Length 2:43 Gary Allan Version - Version 1:00
Dance Rotation: Rotates ¼ Right each time.

Diagonal Fwd Lock, Hold, Turning Lock Step, Hold 9:00

1 2 3 4 Step R Fwd to Face front R45°, Lock L behind R, Step Fwd R, Hold
5 6 7 8 Turning 3/8th L to 9:00 wall, Step Fwd L, Lock R behind L, Step Fwd L, Hold

Fwd Mambo Step, Hold, 3 Step Run Back, Hold 9:00


1 2 3 4 Rock Fwd R, Replace Back to L, Step Back on R, Hold
5 6 7 8 Run Back Left, Right, Left, Hold

Back Mambo Step, Hold, Full Turn Fwd R, Step Fwd, Hold 9:00

1 2 3 4 Rock Back R, Replace Fwd to L, Step Fwd R, Hold
5 6 7 8 Turning Right-1/2 R Step Back on L, ½ R Step Fwd R, Step Fwd L, Hold

½ Pivot Turn Left, Step Fwd, Hold, 3 Step Run Fwd, Hold 3:00

1 2 3 4 Step Fwd R, ½ Pivot Turn L, Step Fwd R, Hold
5 6 7 8 Run Fwd Left, Right, Left, Hold
32

 Digitally signed by sandy
DN: cn=sandy, o, ou, email=lassoo@optusnet.com.au, c=US
Date: 2015.07.30 18:29:58 +10'00'