

# ROSA'S HEART

**SONG:** In Rosa's Heart by Steiner Albrigtsen

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**DANCE:** 64 counts, 2 walls, 128 bpm, 16 count intro, Intermediate Level, August 2015

## NO TAGS OR RESTARTS

Thanks to Henrico from The Netherlands for this lovely song.

### STEPS

### PATTERN OF DANCE

	<u>Bump L Hips Fwd Back</u>	<u>Step Fwd Touch</u>	<u>Step Back Touch</u>	<u>Step Back Touch</u>
1,2,3,4	Bump L hips fwd back, Step L fwd towards left diagonal, Touch R beside L			
5,6	Step back on R towards back right diagonal, Touch L beside R			
7,8	Step back on L towards back left diagonal, Touch R beside L			
	<u>Bump R Hips Fwd Back</u>	<u>Step Fwd Touch</u>	<u>Step Back Touch</u>	<u>Step Back Touch</u>
9,10,11,12	Bump R hips fwd back, Step R fwd to right diagonal, Touch L beside R			
13,14	Step back on L towards back left diagonal, Touch R beside L			
15,16	Step back on R towards back right diagonal, Touch L beside R			
	<u>Step Lock Step Touch</u>	<u>1/4 Back Lock Back Kick</u>		
17,18,19,20	Step fwd on L, Lock/step R behind L, Step fwd on L, Touch R behind L			
21,22,23,24	Making 1/4 left step back R, Lock/step L across R, Step back on R, Kick L fwd			
	<u>Back Together</u>	<u>Fwd Hold</u>	<u>Walk Fwd RL</u>	<u>Stomp Kick</u>
25,26,27,28	Step back on L, Step R beside L, Step fwd on L, Hold			
29,30,31,32	Walk fwd R L. Stomp R beside L, Kick R to right diagonal			
	<u>Weave: Behind Side Across Side Behind Side</u>		<u>Cross Rock Recover</u>	
33,34,35,36	Step R behind L, Step L to left, Step R across L, Step L to left			
37,38,39,40	Step R behind L, Step L to left, Cross/rock R over L, Recover on L			
	<u>1/4 Fwd Hold</u>	<u>Step Pivot 1/4</u>	<u>Step Fwd Hold</u>	<u>Step Pivot 1/4</u>
41,42,43,44	Making 1/4 right step fwd on R, Hold, Step fwd on L, Pivot 1/4 right (wt R)			
45,46,47,48	Step fwd on L, Hold, Step fwd on R, Pivot 1/4 left (wt L)			
	<u>Rock Fwd Recover</u>	<u>1/2 Shuffle</u>	<u>Step Pivot 1/2</u>	<u>Step Fwd Hold</u>
49,50,51,52	Rock/step fwd on R, Recover back on L, Making 1/2 right shuffle fwd RLR			
53,54,55,56	Step fwd on L, Pivot 1/2 right (wt R), Step fwd on L, Hold			
	<u>Step Pivot 1/4</u>	<u>Step Pivot 1/4</u>	<u>Rock Fwd Recover</u>	<u>Step Back Touch</u>
57,58,59,60	Step fwd on R, Pivot 1/4 left (wt L), Step fwd on R, Pivot 1/4 left (wt L)			
61,62,63,64	Rock/step fwd on R, Recover back on L, Step back on R, Touch L beside R			

Written for the Maroochydore Workshop in August 2015, this dance is quite easy in spite of the 'intermediate level' tag... and it has no tags or restarts to clutter it up. It is a smooth song and I hope the dance reflects that. Love the feel of it ... and hope you do too. See you on the floor sometime.... Jan