



## ROCKIN' IN WHITE

Choreographed by: **Wanda Heldt - Perth W.A - July 2016**  
**The Rock** by Ms Jody / **A White Sport Coat** by Marty Robbie  
Alternate:- **Pretty Belinda** by Dr. Victor And The Rasta Rebels  
Descriptions: 32 count - 2 wall line dance - Upper Beginner dance.

Email: [silverstarwa@gmail.com](mailto:silverstarwa@gmail.com) - [0403 5361 63](tel:0403536163)

Split floor - **Harden Up Princess** by S.Ward & **Just Let Me** by Ms Jody by Maggie G

- 1. WALK FORWARD R. L. SHUFFLE R.L.R,  
WALK FORWARD L. R. SHUFFLE L.R.L**  
1-2 Walk forward Right, Left.  
3&4 Shuffle forward R.L.R.  
5-8 Walk forward on Left, Right.  
7&8 Shuffle forward L.R.L.
- 2. SIDE SHUFFLE, BACK, RECOVER,  
SIDE SHUFFLE, 1/4 TURN RIGHT BACK, RECOVER**  
1&2 Step Right to Right side, Step Left next to Right. Step Right to Right side.  
3-4 Rock back on Left, Recover on Right.  
5&6 Step Left to Left side, Step Right next to Left, Step Left to Left side.  
7-8 1/4 turn Right as Rock back on Right, Recover on Left. [3:00]
- 3. CROSS, POINT, CROSS KICK to Left Diagonal, JAZZ BOX**  
1-2 Step Right across Left, Touch Left toe to Left side.  
3-4 Step Left across Right, Kick Right to Right Diagonal.  
5-6 Step Right over Left, Step back on Left.  
7-8 Step Right, Step Left together.
- 4. RIGHT KICK BALL STEP IN PLACE, KICK BALL STEP 1/4 TURN LEFT,  
2 x 1/4 PADDLE TURN LEFT**  
1&2 Kick Right forward, Step on ball of Right, Left step on Left.  
3&4 Kick Right forward, Step on ball of Right, 1/4 turn Left step on Left. [12:00]  
5-6 Step Right forward, 1/4 turn Left shifting wt. on L - roll hips [9:00]  
7-8 Step Right forward, 1/4 turn Left shifting wt. on L - roll hips [6:00]

Repeat ..... HAVE FUN IN LIFE & IN DANCE.