

# **RHYTHUM of MY HEART**

**REVISED SHEET**

**WRITTEN BY: DIANA BISHOP;**

**SONG & ARTIST; RHYTHUM of MY HEART by ROD STEWART;**

**2 WALL UPPER BEGINNERS**

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**BEATS**

**STEPS**

**1.2.3&4.5.6.7&8**

**TAP R TOE TO FRONT, TAP R TOE TO R SIDE, ON THE SPOT STEP R,L,R  
TAP L TOE TO FRONT, TAP L TOE TO L SIDE, ON THE SPOT STEP L,R,L**

**1.2.3&4.5.6.7&8**

**ROCK FWD ONTO R, ROCK BACK ON TO L, SHUFFLE FWD ON R,L,R  
ROCK FWD ONTO L, ROCK BACK ON TO R, SHUFFLE FWD ON L,R,L**

**1&2.3&4&5.6.7&8**

**STEP R FWD TURN 1/2 TO L, SHUFFLE FWD**

**(OPTION> full turning shuffle to L on R,L,R)**

**ROCK TO L ONTO L, PUSH WEIGHT ONTO R, STEP L ACROSS R**

**ROCK TO R ONTO R, PUSH WEIGHT ONTO L, STEP R ACROSS L**

**1.2.3&4.5.6.7&8**

**WALK FWD ON L, R, & SHUFFLE FWD L,R,L**

**ROCK TO R ON TO R AS YOU SWAY R HIP TO R, SWAY HIP TO L AS YOU  
PUSH WEIGHT ONTO L & CROSS SHUFFLE TO L ON R,L,R**

**1.2.3&4&5&6&7&8**

**ROCK TO L ON TO L AS YOU SWAY L HIP TO L, SWAY HIP TO R AS YOU  
PUSH WEIGHT ONTO R & CROSS SHUFFLE TO R ON L,R,L**

**JUMP BACK ONTO R, TAP L HEEL FWD, JUMP L TO CENTRE, TAP R  
TOE NEXT TO L,**

**JUMP BACK ON R, TAP L HEEL FWD, JUMP L TO CENTRE, TAP R NEXT  
TO L TOE**

**40 BEATS**

**YEA START AGAIN**

