

# R.E.S.P.E.C.T - AB

**Count:** 40      **Wall:** 1      **Level:** Ab Beginner Or Beginner If Made A 2 Wall

**Choreographer:** Annemaree Sleeth August 2018

**Music :** Respect By Aretha Franklin **Album :** Soul Queen **Length 2.27 BPM 114**

**Intro:** 16 Count Start On "Ooh "

Instructor Notes (On AB dances I don't use the Restart)

**Sec 1:            Walk Forward 3, Touch, Walk Back 3 , Touch**  
1 – 2            Step Left Forward, Step Right Forward  
3 – 4            Step Left Forward, Touch Right Side Look Over Right Shoulder  
5 – 6            Step Right Back , Step Left Back  
7 – 8            Step Right Back , Touch Left Side Right Look Over Left Shoulder

**Sec 2:            Walk Forward 3, Touch, Walk Back 3 , Together**  
1 – 2            Step Left Forward, Step Right Forward  
3 – 4            Step Left Forward, Touch Right Side Look Over Right Shoulder  
5 – 6            Step Right Back , Step Left Back  
7 – 8            Step Right Back , Step Left Together

**Sec 3:            Side, Slide, Together, Clap, Side, Slide, Touch, Clap**  
1 – 2            Step Right Side Bending Knees , Slide Left To Right Shimmy Shoulders  
3 – 4            Step Left Together, Clap Both Hands Together (Wgt Left)  
5 – 6            Step Right Side Bending Knees , Slide Left To Right Shimmy Shoulders  
7 – 8            Touch Left Together, Clap Both Hands Together (Wgt Right)

**Optional Styling : Shimmying Shoulders On Counts 1-2 & 5-6 Both Sections 3 And 4**

**Sec 4:            Side Behind, Side, Cross, Side, Recover Cross,**  
1 – 2            Stepping Left Side, Cross Right Behind Left  
3 – 4            Step Left Side, Cross Right Over Left  
5 – 6            Rock Left Side , Recover Right  
7 – 8            Cross Left Over Right, Hold

Optional Restart During The Instrumental **Dance 32 Counts change last step to be on right**

**Wall 4 To Stay On Phrase We Restart And Change The Count 8 To A Right Together (Wgt Right)**

**Sec 5:            Side, Behind, Side, Cross, Side, Recover, Cross,**  
1 – 2            Step Right Side, Cross Left Behind Right  
3 – 4            Step Right Side, Cross Left Over Right  
5 – 6            Rock Right Side , Recover Left  
7 – 8            Cross Right Over Left , Hold

\*\*\*\*\*Make It 2

Walls Do This Will Make It **Beginner Dance** and Restart

**Sec 5:            Side, Behind, ¼R , ¼R Hitch, Side, Behind , Side , Together (Vine Together)**  
1 – 2            Stepping Right Side, Cross Left Behind Right  
3 – 4            Turn ¼ Right Step Right Forward , ¼ Right Hitching Left PIVOT ON R  
5 – 6            Step Left Side, Cross Right Behind,  
7 – 8            Step Left Side , Step Right Beside Left

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