

# RELAPSE

**Choreographed by:** Linda Pink L.V Country Line Dancers, Latrobe Valley, Victoria

**Song:** Relapse **By:** Jessica Meuse **Album:** Halfhearted

**Count:** 64 **Walls:** 4 **Level:** Improver **Date:** October 2018

One Restart Introduction 16 Counts Min 4:31

**Video:** <https://youtu.be/22lioKBEdfE>

| BEATS                      | STEPS  | Call  | DIRECTION |
|----------------------------|--|---|-----------|
| 1,2<br>3,4<br>5&6<br>7,8   | Step R to the side, Step L behind R<br>Step R to the side, Step L across R<br>Side Shuffle Right: R,L,R<br>Step L behind R, Rock weight forward onto R   | <b>Extended Vine Right</b><br><br><b>Side Shuffle</b><br><b>Back Rock</b>                       | 12        |
| 1,2<br>3,4<br>5&6<br>7,8 # | Step L to the side, Step R behind L<br>Step L to the side, Step R across L<br>Side Shuffle Left: L,R,L<br>Step R behind L, Rock weight forward onto L  | <b>Extended Vine Left</b><br><br><b>Side Shuffle</b><br><b>Back Rock</b>                        | 12        |
| 1,2<br>3,4<br>5,6<br>7,8   | Step R to the side, Touch L next to R<br>Step L to the side, Touch R next to L<br>Step R to the side, Step L next to R<br>Step R forward, Touch L next to R  | <b>Side, Touch</b><br><b>Side, Touch</b><br><b>Side, Together</b><br><b>Step Forward, Touch</b> | 12        |
| 1,2<br>3,4<br>5,6<br>7,8   | Step L to the side, Touch R next to L<br>Step R to the side, Touch L next to R<br>Step L to the side, Step R next to L<br>Step L forward, Touch R next to L  | <b>Side, Touch</b><br><b>Side, Touch</b><br><b>Side, Together</b><br><b>Step Forward, Touch</b> | 12        |
| 1,2<br>3,4<br>5,6<br>7,8   | Paddle Turn: Step R forward, Turn ¼ Left take weight onto L<br>Paddle Turn: Step R forward, Turn ¼ Left take weight onto L<br>Jazz Box: Step R across in front of L, Step L back<br>Step R to the side, Step L forward   | <b>Paddle Turn</b><br><b>Paddle Turn</b><br><b>Jazz Box</b>                                     | 9<br>6    |
| 1,2<br>3,4<br>5,6<br>7,8   | Step R fwd at 45 deg Right, Touch L next to R<br>Step L back to the Centre, Touch R next to L<br>Step R back at 45 deg Right, Touch L next to R<br>Step L fwd to the Centre, Touch R next to L                           | <b>K Step</b>   | 6         |
| 1,2<br>3,4<br>5,6<br>7,8   | Paddle Turn: Step R forward, Turn ¼ Left take weight onto L<br>Pivot Turn: Step R forward, Turn ½ Left take weight onto L<br>Toe Strut: Step R toe forward, Drop R heel<br>Toe Strut: Step L toe forward, Drop L heel    | <b>Paddle Turn</b><br><b>Pivot Turn</b><br><b>Toe Strut</b><br><b>Toe Strut</b>                 | 3<br>9    |
| 1,2<br>3,4<br>5,6<br>7,8   | Pivot Turn: Step R forward, Turn ½ Left take weight onto L<br>Pivot Turn: Step R forward, Turn ½ Left take weight onto L<br>Step R to the side Push hips to the Right, Push Hips Left<br>Push Hips Right, Push Hips Left | <b>Pivot Turn x 2</b><br><b>(alt Rocking Chair)</b><br><b>Hip Bumps x 4</b>                     | 9         |
| 64                         | Restart: On wall 3 dance to Beat 16 (#) and restart facing 6 o'clock.  |   |           |