

Reggaeton Lento

Song: Reggaeton Lento (*Remix- 3.09min*) available on Itunes
Choreographer: Mitchell Burgess- Sydney Australia-August 2017
Artist: CNCO & Little Mix
Description: 4 wall, 32 count Easy Intermediate . (dance moves in anti-clockwise direction)

Beats	Steps	Intro: Start on the word "see"	Version 0.01
{1-8}	SIDE HIPS X 3, ½ TURN SIDE HIPS X 3, ¼ sweeping COASTER, STEP/LOCK/STEP		
1&2,3&4	Step R to R & push hips to R, push hips to L, push hips to R, turn ½R & step L to L & push hips to L, push hips to R, push hips to L		
5&6,7&8	Turn ¼ R & sweep/step back R, step L beside R, step fwd R, step fwd L, lock/step R behind L, step fwd L		
{9-16}	ROCK FWD, REPLACE, ½ ROCK FWD, REPLACE, ¼ ROCK FWD, REPLACE, ROCK BACK, REPLACE, CROSS, SIDE, REPLACE, CROSS, SIDE, REPLACE, TOUCH		
1&2&3&4&	Rock/step R heel fwd, replace weight to L, turn ½ R & rock/step R heel fwd, replace weight to L, turn ¼ R & rock/step R heel fwd, replace weight to L, rock/step back R, replace weight to L		
5&6&7&8	Cross/step R over L, step L to L, replace weight to R, cross/step L over R, step R to R, replace weight to L, touch R beside L		
[17-24]	MAMBO FWD, MAMBO BACK, PIVOT ¼ L, CROSS, SIDE, BEHIND, ¼ FWD		
1&2,3&4	(styling- use lots of hips)-Rock/step fwd R, replace weight to L, step back R, rock/step back L, replace weight to R, step fwd L		
5&6,7&8	Step fwd R, pivot ¼ turn L, cross/step R over L, step L to L, cross/step R behind L, turn ¼ L & step fwd L		
[25-32]	SWEEP/CROSS, BACK, BACK, SWEEP/CROSS, BACK, BACK, SIDE/Drag, STEP, STEP, ¼ L SIDE/Drag, STEP, STEP		
1&2,3&4	(slight body turns to diagonals)-Sweep/cross R over L, step L back on L diagonal, step R back on R diagonal, sweep/cross L over R, step R back on R diagonal, step L back on L diagonal		
5,6&7,8&	Big step to R & drag L, step L beside R, step R in place, turn ¼ L & take big step to L & drag R, step R beside L, step L in place.		

Begin again!!

Restart: Wall 6, facing 9:00 wall, dance counts 1-16, then restart wall facing 3:00 wall.

Finish: Wall 9. Dance counts 1-30&, then make ¼ R and big step to L (31), step R beside L (32), step L in place (&), stomp R to R & arms out to sides. (1).