

REDNECK LIFE

Song: Redneck life by: Chris Janson

Album: Everybody

Original position: Feet together weight on left foot

Choreographer: Kim McCloughan Mudgee NSW Australia September 2017

THIS DANCE IS DONE IN 4 DIRECTIONS INTRODUCTION- 16 BEATS

HEEL, TOGETHER, HEEL, HEEL, TOGETHER, HEEL TOGETHER, HEEL TOGETHER, DOUBLE KICK

- 1-2 TAP R HEEL FORWARD, TAP R TOE TOGETHER.
- 3-4& TAP R HEEL FORWARD, TAP R HEEL FORWARD, STEP R TOGETHER.
- 5&6& TAP L HEEL FORWARD, STEP L TOGETHER, TAP R HEEL FORWARD, STEP R FOOT TOGETHER.
- 7-8 KICK L FOOT FORWARD, KICK L FOOT FORWARD.

BACK, FORWARD, STEP TURN 360°, V STEP

- 1-2 STEP L BACK LIFTING R FOOT OFF THE GROUND, STEP R FORWARD.
- 3-4 TURN 360° R STEP L FORWARD HITCH R KNEE UP.
- 5-6 "V" STEP, STEP R FORWARD AT 45° RIGHT, STEP L FORWARD AT 45° LEFT.
- 7-8 STEP R BACK TO THE CENTRE, STEP L TOGETHER

SIDE, BEHIND ¼ R, ¼ JUMP, TWISTS

- 1-2 STEP R TO THE SIDE, STEP L FOOT BEHIND RIGHT.
- 3-4 TURN 90° R STEPPING R FORWARD, TURN 90° R JUMP BOTH FEET TOGETHER (ALT: STEP L FOOT BESIDE R)
- 5-6 TWIST BOTH HEELS TO THE LEFT, TWIST BOTH TOES TO THE LEFT.
- 7-8 TWIST BOTH HEELS TO THE LEFT, TWIST BOTH TOES TO THE LEFT.

¼ BOX STEP, TOE STRUTS

- 1-2 BOX STEP TURNING 90° R, STEP R ACROSS LEFT, STEP L BACK.
- 3-4 TURN 90° R STEPPING R FORWARD, STEP L FOOT FORWARD.
- 5-6 TOE STRUT- TOUCH BALL OF R FOOT FORWARD, DROP R HEEL.
- 7-8 TOE STRUT- TOUCH BALL OF L FOOT FORWARD, DROP L HEEL.

HEEL, TOE, HEEL, SIDE, FLICK BEHIND, POINT, FLICK INFRONT, ¼ R FLICK TO THE SIDE

- 1-2 TAP R HEEL FORWARD, TAP R TOE BACK
- 3-4 TAP R HEEL FORWARD, TAP R TOE TO THE RIGHT SIDE.
- 5-6 FLICK R FOOT UP BEHIND LEFT LEG TAP R FOOT WITH L HAND, TAP R TOE TO THE SIDE.
- 7-8 FLICK R FOOT INFRONT OF LEFT LEG TAP R FOOT WITH L HAND, TURN 90°L FLICK R FOOT TO THE R SIDE TAP R OUTSIDE OF THE FOOT WITH R HAND.

VINE ¼ TURN R ½ HITCH, BACK, ½ TURN HITCH, STEP FORWARD HITCH

- 1-2 STEP R TO THE SIDE, STEP L FOOT BEHIND RIGHT.
- 3-4 TURN 90°R STEP R FOOT FORWARD, TURN 180°R HITCHING LEFT KNEE UP.
- 5-6 STEP BACK ON L FOOT, TURN 180°R HITCHING R KNEE UP.
- 7-8 STEP R FOOT FORWARD, HITCH L KNEE UP.

PIVOT ¼ R, CROSS, TURN L ¾ STEP, QUICK ROCKING CHAIR, PIVOT ½, PIVOT ½

- 1&2 STEP L FORWARD PIVOT TURN 90°R, STEP R TO THE SIDE, CROSS L FOOT OVER R.
- 3&4 TURN 90°L STEP R FOOT BACK, TURN 180°L STEP L FOOT FORWARD, STEP R FOOT FORWARD.
- 5&6& QUICK ROCKING CHAIR, STEP FORWARD ON L, STEP BACK ON R, STEP BACK ON L, STEP FORWARD ON R.
- 7&8& STEP FORWARD L PIVOT 180°R STEP R FORWARD, STEP FORWARD L PIVOT 180°R STEP R FORWARD.

FORWARD, HOLD, AND STEP AND STEP

- 1-2& STEP L FORWARD, HOLD, STEP R TOGETHER
- 3&4 STEP L FORWARD, STEP R TOGETHER, STEP L FORWARD.

60 REPEAT DANCE IN NEW DIRECTION

TAG: AT THE END OF WALL 4 ADD THE FOLLOWING TAG

- 1-2 KICK R FOOT FORWARD, KICK RIGHT FOOT FORWARD
- 3-4 TAP R TOE BESIDE LEFT, TAP R TOE BESIDE L

REDNECK LIFE

ALTERNATIVE BITS FOR EXTRA FUN

ALT: FOR THE FIRST 8 COUNTS YOU CAN JUMP THE WHOLE SECTION EG:

- 1-2 KICK R FOOT FORWARD STEP R BESIDE L, KICK L FOOT FORWARD STEP L TOGETHER
- 3-4 KICK R FOOT FORWARD, KICK R FOOT FORWARD (WHILE BOUCING ON L FOOT)
- 5-6 STEP R TOGETHER KICK L FORWARD, STEP IT TOGETHER KICK R FOOT FORWARD
STEP R TOGETHER
- 7-8 KICK L FOOT FORWARD, KICK L FOOT FORWARD(WHILE BOUNCING ON R FOOT)

THEN INTO THE DANCE AS NORMAL

ADD JUMPS IN THE SECTION WITH THE TURNS AND HITCHES JUST MAKES IT MORE FUN

HAVE LOADS OF FUN WITH IT I SAY.....