

OVERLOAD EZ

Music "Overload" By Tina Arena Album: Eleven(Deluxe) 3.23 Itunes

Choreographer Annemaree Sleeth (Australia) November 2015

Written As A Split Floor "Overload By Chris Watson & Anne Herd

BPM 126 Dance Rotates CCW

Beginner –Improver 32 Counts 4 Walls No Tags No Restarts

32 Count Intro "About 16 Secs In

Sect 1 1 – 8 R SIDE ROCK, CROSS SHUFFLE, L SIDE ROCK, L FORWARD SHUFFLE

1 – 2 Rock Right Side, Recover Left

3 & 4 Cross Right Over Left, Step Left Side, Cross Right Over Left

5 – 6 Rock Left Side, Recover Right

7 & 8 Step Left Forward , Step Right Together , Step Left Forward

SECT 2 9 – 16 R FORWARD, ROCK 1/2 RIGHT SHUFFLE, STEP 1/2 PIVOT, WALK L FORWARD WALK R

1 - 2 Step Right Forward, Recover Left

3 & 4 Turning Right Shuffle ½ Right R,L, R

5 - 6 Step Left Forward, ½ Pivot Right

7 - 8 Walk Left Forward, Walk Right Forward

SECT 3 17 – 24 L FORWARD ROCK, TOGETHER,R FORWARD ROCK,R BACK LOCK BACK, L BACK RECOVER

1 2 & Rock Left Forward, Recover Right, Step Left Together

3 - 4 Rock Right Forward, Recover Left

5 & 6 Step Right Back, Cross Left Over Right, Step Right Back

7 - 8 Rock Left Diagonally Behind Right, Recover Right Diagonally Left

SECT 4 25 – 32 L DIAGONAL KICK BALL CROSS , SIDE KNEE DIP, TOUCH, KICK BALL CROSS, STEP, PIVOT ¼ R

1 & 2 Kick On Left Diagonal Forward, Step Left Together, Cross Right Over Left

3 Step Left Side Right Diagonal Bending Knees,

4 Still On Diagonally Touch Right Together

5 & 6 Kick Right Diagonally Forward, Step Right Together, Cross *Slightly* Left Over Right

7 - 8 Step Right Forward, 1/4 Pivot Left (Wg TI) (9.00)

Watch The Video It's Not As Hard As It Appears On Paper

Youtube Then Type In Annemaree Sleeth Or Frederina521

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