On Top Of The World!

Choreographer: Chris Watson, Tamworth NSW. September 2015 www.dare2dance.org cwld4@hotmail.com

Music: Don't Be So Hard on Yourself – Jess Glynne available on iTunes

Dance Description: 64 Count , 2 Wall intermediate Line Dance



Beats	Steps
	Step, Sailor Step, Behind & Cross, Step Kick, Coaster Step
1,2&3,4&5	Step R to R side, Step L behind R, rock R to R side and replace weight onto L,
0.700	Step R behind L and L to L side, cross R over L turning 1/8 (11 O'Clock)
6,7&8	Kick L foot forward, step back onto L, step R together with L and forward onto L. (11 O'Clock)
	Step Together, Step Lock Step, Cross Step back, Coaster Step
1,2,3&4	Step forward onto r foot and step L together clicking both fingers, Step R foot forward,
, ,	lock L behind R and step forward onto R
5,6,7&8	Cross Step L over R, Step 1/8 turn to R Side (12' Clock), Step L foot back,
	bring R together with L and step L foot forward
	Side Sway Side Shuffle Debind side Cross Side Deak Cross
1,2,3&4	Side Sway, Side Shuffle, Behind, side, Cross, Side Rock, Cross. Step R to R Side Sway Hips R,L, Step R to R Side bring L together and step R to R side.
5&6,7&8	Step L behind R, R to R side and cross L over R, rock R to R side,
000,700	rock weight back onto centre and cross R over L
	½ Turn , Cross & Heel, Together & Heel , Together and ½ Pivot
1,2,3&4	Make a ¼ turn right stepping back on L, continue and make another ¼ turn right stepping
	R to R side. (6 O'Clock) Cross step L over R, step back onto R and touch L heel
&5&6,7,8	forward to L diagonal (Facing 5 O 'Clock) Step L together and touch r next to L , Step r back and touch L heel forward,
&3&0,7,0	Step L back and step forward onto R making a ½ turn pivot taking weight onto L (11 O'Clock)
	Step Sailor Step, Step Back X 2 , ½ Turn , ½ Turn, ¼ Turn.
1,2&3,4	Step R to R side straighten up to 9 O clock Wall, Step L behind R,
	R to R side and step L to L Side, Step R foot back
5,6,7,8	Step L foot back, make ½ turn Right stepping forward onto R, make a ½ Turn right
	stepping back onto L, make a ¼ turn R stepping R to R side (12 O'Clock)
	Samba Step X 2 , Cross Point , Cross over step back.
1&2,3&4	Cross step L over R , R to R side and weight back onto L, cross step r over L ,
	step L to L side and weight back onto R
5,6,7,8	Cross L over R and point R toe to R Side, Cross R over L and step back Onto L
	½ Turn Shuffle, Full turn stepping forward, Forward Coast step, Walk back X2
1&2,3,4	½ Turn over R shoulder shuffle forward R, Full turn stepping forward L,R
5&6,7,8	Step L foot forward, step R foot together with L, Step L foot back, walk back, R ,L
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	
	Back rock, replace, Walk, Walk , Touch & Touch & Touch , Hitch & Touch & Hitch
1,2,3,4	Rock R foot back and forward onto L, Walk forward R, L
5&6&7&8	Touch R toe to R side, step R together and touch L toe to L side, Step L together and touch R
	toe to R Side, Hitch R knee toward L knee and touch R toe to R side and lift knee to L knee.