

Never Bring Me Down

Song: Shout out to my ex (4.06 mins) Version 1
Artist: Little Mix
Album: Glory Days (Deluxe concert film edition)
(So fresh hits of summer 2017 + best of 2016)
Choreographer: Kathryn Sloan and Kelvin Dale
Date: January 2017
Description: 32 count, 4 wall Early Intermediate linedance, moves in an
clockwise direction, 1 restart, 1 tag
Starts 4 counts in with weight on left 126 BPM

- 1 – 8** Walk, walk, shuffle, rock, replace, half shuffle (or 1 ½ shuffle) (6.00)
1,2,3&4 Step forward on R, step forward on L, step forward on R, step L beside R, step R forward*
5,6,7&8 Rock L forward, replace weight on R, turning 180 left step L forward, step R beside L, step R forward (or 1 ½ shuffle)
- 9 - 16** Cross, side, sailor, cross, side, behind, side, cross (3.00)
1,2,3&4 Cross R in front of L, step L to left side, step R behind L, step L beside R, replace weight to R
5,6,7&8 Cross L in front of R, step R to right side, step L behind R, step R to right side, cross L in front of R (for styling, shrugs can be included on the holds)
- 17 – 24** Rock, hold, &, cross, hold, &, cross, quarter, pivot half (9.00)
1,2,&3,4 Rock R to right side, hold, replace weight to L, cross R in front of L, hold
&5,6,7,8 Step L to left side, cross R in front of L, turning 90° left, step L forward, step R forward, pivot 180° left replacing weight to L
- 25 – 32** Rock, replace, &, rock, replace, &, paddle quarter, paddle quarter (3.00)
1,2&3,4 Rock R forward, replace weight to L, replace weight to R, rock L forward, replace weight to R
&5,6,7,8 Replace weight to L, step R forward, turning 90° left replace weight to L, step R forward, turning 90° left replace weight to L

32 counts
Repeat

Restart

On wall 6 dance up to count 8* and restart

Tag

At the end of wall 13 add a 4 count tag

1-4 Rocking chair.

1,2,3,4 Rock forward on R, replace weight to L, rock back on R, replace weight to L

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