



My Name is No

Choreographed By Annemaree SLEETH & Adrian HELLIKER France **June 2016**

Description : 32 Count, 2 Wall, **Improver Line Dance**

Music : No Meghan Trainor Album Thankyou Itunes 3.29 Length BPM app 128.

Intro 32 Counts Start On Lyrics (My Name Is No) 3 Restarts, 2 Tags

Email: inlinedancing@gmail.com

Section 1 1- 8 FWD, TOUCH, FWD, TOUCH, FWD, TOUCH, FWD, TOUCH

1 - 2 Step R Diag Fwd, Touch L Tog facing 1.30

3 - 4 Step L Diag Fwd, Touch R Tog facing 10.30,

5 - 6 Step R Diag Fwd, Touch L Tog facing 1.30

7 - 8 Step L Diag Fwd, Touch R Tog facing 10.30

Styling Option Add Little Shimmies as You Move Forward

***Tag 1 16 Counts** End Of Walls 2 4, 6 On Wall 6 Add Extra Tag (All Facing 12.00)

End Of Tag 1 Wall 6 Add Tag 2 Hip Fwd Back or Click Fingers Twice

1 - 8 Fwd Touch R, L, R, L (Section 1)

1 - 4 Step R Side Sway Hips R, L, R, Touch L Beside R,

5 - 8 Step L Side Sway Hips L, R, L, Touch R Tog

#Tag 2 1 - 2 Push R Hip Fwd ,Push L Hip Back (wgt L) Clicking Fingers Twice Above Head

Section 2 9 - 16 SIDE SHUFFLE, FLICK/HITCH 1/4 L SHUFFLE FWD

MAMBO , BACK SWEEP, BACK SWEEP

1 & 2 & Step R Side, Step L Tog, Step R Side, Flick L Foot Across R

3 & 4 Turn ¼ L Step L Fwd, Step R Tog, Step L Fwd 9.00

5 & 6 Rock R Fwd, Recover L, Step R Back

7 - 8 Sweep L Behind R Step On L (wgtL) Sweep R Behind L Step On R

Section 3 17- 24 COASTER, STEP, LOCK, STEP, STEP, LOCK, STEP STEP, ¼ PIVOT, CROSS

1 & 2 Step L Back, Step R Tog, Step L Fwd

3 & 4 Step R Fwd, Lock/cross L Behind R , Step R

5 & 6 Step L Fwd, Lock/Cross R Behind L, Step Fwd,

7 & 8 Step R Fwd, Pivot ¼ L, Cross R over L 6.00

Styling Options Push Into Step Locks For More Latin Feel

Section 4 25- 32 , SIDE, RECOVER, CROSS

MAMBO, BACK SYNCOPATED ROCKING CHAIR

1 & 2 Rock L Side, Recover R , Cross L Slightly Fwd Over R

3 & 4 Rock R Fwd, Recover L ,Step R Back

5 & 6 Rock L Back, Recover R, Step L Fwd, Recover R

7 & 8 Rock L Back, Recover R, Step L Fwd,

Ending Facing 6.00 Dance First 16 Counts (Sweeps) Step L ¼ L To Face Front And Pose