

My Legs Are Weak

Song: My Legs Are Weak- (available on Itunes) 4.49mins.
Artist: Paloma Faith-Do You Want the Truth or Something Beautiful (Bonus Track version)
Choreographer: Linda Burgess- Sydney-Sept. 2015
Description: 4 Wall, 96 counts. Waltz time. Dance turns anticlockwise. (*version 02*)

Intro: Start on first piano beat. Slow step to R (1,2,3) touch L next to R (4,5,6) & click fingers high, repeat to L, then Repeat to R & L.

Beats Steps

1-6 R twinkle, cross, sweep

1-6 Cross/step R over L, step L to L, step R in place, cross/step L over R, sweep R around to front over 2 counts

7-12 R twinkle, cross, sweep

1-6 Repeat last 6 counts above

13-18 Cross, $\frac{1}{4}$, $\frac{1}{4}$, side/drag

1-6 Cross/step R over L, turn $\frac{1}{4}$ R & step back L, turn $\frac{1}{4}$ R & small step to R, big step to L, drag R to L (5,6) **(6.00)**

19-24 Slow Pivot $\frac{1}{2}$, Slow pivot $\frac{1}{2}$

1-6 Step fwd R (1), slow pivot $\frac{1}{2}$ turn L (2,3), step fwd R (4), slow pivot $\frac{1}{2}$ turn L (5,6) **(6.00)**

25-30 Cross, side, behind, side/drag

1-6 Cross/step R over L, step L to L, cross/step R behind L, big step to L, drag R to L over 2 counts (5,6) **(6.00)**

31-36 $\frac{1}{4}$ Step, full pencil, step, full turn pencil

1-6 $\frac{1}{4}$ R & step fwd R (1), step L beside R & make a full turn pencil to R (2), replace weight to L (3) **(9.00)**, step fwd R (4), step L beside R & make a full turn pencil R (5), replace weight to L (6) **(9.00) (optional-waltz fwd R, waltz fwd L)**

37-42 Fwd, sweep, hitch, back, $\frac{1}{2}$ step, step

1-6 Step fwd R, sweep L fwd, hitch L, step back L, $\frac{1}{2}$ turn R & step fwd R, step fwd L **(3.00)**

43-48 Fwd, sweep, hitch, back, $\frac{1}{2}$ step, step

1-6 Repeat last 6 counts above **(9.00)**

49-54 $\frac{1}{4}$ Cross, hitch, cross, hitch $\frac{1}{2}$

1-6 Turn $\frac{1}{4}$ R & cross/step R over L (1), hitch L (2,3), cross L over R (4), hitch R & turn $\frac{1}{2}$ L (weight L) (5,6) **(6.00)**

55-60 Touch, hold, hitch $\frac{1}{2}$, touch, hold, hold

1-6 Touch R to R, (1) hold (2) Hitch R & turn $\frac{1}{2}$ L on L (3), touch R to R, (4) hold x 2 counts (5,6) **(12.00)**

61-66 R Sailor waltz, back, touch, hold

1-6 R sailor waltz, step back L, touch R toe over L, hold **(12.00)**

67-72 Step, full turn, step, slow sweep around

1-6 Step fwd R, turn $\frac{1}{2}$ R & step back L, turn $\frac{1}{2}$ R & step fwd R, step fwd L, sweep R to front (2 counts) **(12.00)**

73-78 Cross, back, back, cross, back, $\frac{1}{2}$ step

1-6 Cross/step R over L, step back L, step back R, cross/step L over R, step back R, $\frac{1}{2}$ turn L & step fwd L **(6.00)**

79-84 Back, slow drag, back, slow drag

1-6 Step back R on R diagonal, drag L to R (2,3), step back L on L diagonal, drag R to L (5,6) **(6.00)**

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85-90 Waltz fwd ½ R, Waltz back ½ R

1-6 Step fwd R, turn ½ R & step L beside R, step R beside L, step back L, turn ½ R & step R beside L, step L beside R

91-96 Step, slow pivot ½ , step, slow pivot ¼

1-6 Step fwd R, slow pivot ½ turn L (over 2 counts), step fwd R, slow pivot ¼ turn L (over 2 counts) **(9.00)**

Tag

End of Wall 2. Pivot ½ L (123), repeat (456), slow step R (1,2,3), touch L beside R & click fingers near shoulders (4,5,6) Repeat to L (1-6)

Restart:

Wall 5 facing 12.00, Dance counts 1-72, (from counts 61-72 the music slows down, so dance slow with the beat . On count 72, sweep the foot around to side & hold until the melody kicks in.. you will hear two beats then start again!!

Ending:

Dance counts 1-57 (the ½ hitch turn & touch) there is a little pause, then make a ½ turn L on L while hitching R, & touch R to side (or you can be game and make a full spiral over the L & touch. Hold.)

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