



MY LADIES RHUMBA

Choreographed by : **Wanda Heldt** - Perth WA - September 2012

Music: **Hear My Song** by Bouke **It's Your World Now** by The Eagles

If I Said You Had A Beautiful Body by The Bellamy Brothers

Neon Moon by Brooks & Dunn / **Besame Macho** [Instrumental]

Description: 32 Count - 2 wall - Raw Beginner

E-mail: silverstarwanda@gmail.com website: www.silverstarw.com.au

Choreographed specially for the Dear Ladies of the 'Taskforce Line dance program' helping to keep active in mind and body and having FUN.

WALK FORWARD R.L.R., KICK, WALK BACK L.R.L, TOUCH

1-4 Walk forward Right, Left, Right. Kick Left forward.

5-8 Walk back Left, Right, Left, Touch Right next to Left.

RIGHT & LEFT - SIDE, TOGETHER, SIDE, TOUCH [use hips as you step 'Side-together-side']

1-4 Step Right to Right side, Step Left together, Step Right, Touch Left toe next to Right.

5-8 Step Left to Left side, Step Right together, Step Left, Touch Right toe next to Left.

RHUMBA BOX [Basic]

1-2 Step Right to Right side, Step Left next to Right.

3-4 Step back on Right, hold (sway hip to right)

5-6 Step forward on left, Step Right next to Left.

3-4 Step forward on Left, hold (sway hip to left)

RIGHT DIAGONAL HIPS R.L.R.HOLD 1/4 x 2 PADDLE TURNS RIGHT

1-4 Step Right to Right diagonal and Rock hips Forward, Back, Forward, Hold [Wt.on R]

5-6 Step forward on Left turn 1/4 Left, Recover weight on Right. [9:00]

7-8 Step forward on Left turn 1/4 Left, Hold with weight on Left. [6:00]

Restart dance... **HAVE FUN IN LIFE & IN DANCE.**