

MY KIND'A WOMAN

SONG: One Kind Of Woman I Like by Shenandoah.

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DANCE: 32 counts, 4 walls, 124 bpm, Easy Intermediate, 32 count intro, May 2010

NO TAGS OR RESTARTS

Youtube: http://www.youtube.com/watch?v=Xp9N_r1rFEE

STEPS

PATTERN OF DANCE



Original
sheet by
Jan Wyllie

	<u>Step Back, 1/4 Together, Rock Fwd Back, Toe Strut Back RL</u>
1,2	Step back on R, Making 1/4 turn left step L beside R
3,4	Rock/step fwd on R, Rock back on L
5,6,7,8	Toe strut back R,L
	<u>Step Back, 1/4 Together, Rock Fwd Back, Toe Strut Back, Coaster Cross</u>
9,10	Step back on R, Making 1/4 turn left step L beside R
11,12	Rock/step fwd on R, Rock back on L
13,14	Toe strut back on R,
15&16	Step back on L, Step R beside L, Step L across R (coaster cross)
	<u>Vine right, Vine Left With 1/4 Turn</u>
17,18,19,20	Step R to right, Step L behind R, Step R to right, Touch L beside R
21.22.23.24	Step L to left, Step R behind L, Making 1/4 left step fwd on L, Touch R beside L
	<u>Step Back Heel Fwd, Step Fwd Touch, Kick Ball Change, Rock Fwd Back</u>
25,26,27,28	Step back on R, Touch L heel fwd, Step fwd on L, Touch R beside L
29&30	Kick R fwd, Step R beside L, Step L beside R (kick ball change)
31,32	Rock/step fwd on R, Rock back on L

This is just an easy little dance that I'm sure most dancers will be able to manage. It's not for the high flyers of course, but there are many people out there who want to do dances that don't tax their joints or their brains... Like me for instance! (-:

I mean, I can still mix it with the high flyers.. and sometimes have to just to prove that I can still do it.... but gees, it does hurt!! I find it much better to stick to easier dances these days and judging by the emails I receive, I am not the only one who feels like that....

See you on the floor sometime.... Jan