

My Bonnie Jean

Linedance step sheet

Count: 48
Wall: 2
Level: Intermediate (Slow Waltz)
Choreographer: Daniel Chen (Australia)
Release Date: 18 January, 2017

Youtube Video: 1. Demo & Tutorial
<https://youtu.be/PP0gEZn7ez8>
2. Demo of easier version and alternative music
<https://youtu.be/1oHHf7zW7bM>
3. Music
<https://www.youtube.com/watch?v=Qy-YCKggzA0>

Music Source: "Jean" by Bobby Goldsboro
https://www.amazon.com/BOBBY-GOLDSBORO-muddy-mississippi-record/dp/B00489ZKP4/ref=sr_1_1?ie=UTF8&qid=1484739772&sr=8-1&keywords=Muddy+Mississippi+Line+Bobby+Goldsboro
Alternative Music - "Jean" by Oliver
https://www.amazon.com/Jean/dp/B001J25JCC/ref=sr_1_50?s=dmusic&ie=UTF8&qid=1484738400&sr=1-50&keywords=jean

INTRO: 2 x 6 (12 counts)

PART A - 48 counts

AS.1 WALTZ 1/2 TURNS (X 2) TRAVELLING FORWARD

1-3 Step left forward, turn ½ left and step right back, step left back across right
4-6 Small step with right back, turn ½ left and take small step left forward, step right together

AS.2 CROSS ROCK, RECOVER, SIDE, TWINKLE

1-3 Rock left across right (check), recover on R, Step left to side
4-6 Cross right over left, step left to side, step R in place

AS.3 1/2 TURN TWINKLE, WEAWE

1-3 Cross left over right, step right foot back with 1/4 turn R, left foot to side with 1/4 turn [6:00]
4-6 Step right across left, step left to side, take a small step right behind left

AS.4 LARGE STEP L, DRAG & KICK, BACK LOCK, SIDE, BEHIND

1-3 Large step to L, drag right foot, kick right gently across left
4&56 Step right back, lock left, step right to side, step left back

Optional Easier Steps Instead of locks, do the following easier steps after kicking:**
4,5-6 Step right to side, (over 2 count) drag left to close while rising and then shift weight on lowering.

AS.5 LARGE STEP R, DRAG & KICK, BACK LOCK, SIDE, BEHIND

1-3 Large step to R, drag left foot, kick left gently across right
4&56 Step left back, lock right, step left to side, step right back

Optional Easier Steps Instead of locks, do the following easier steps after kicking:**
4,5-6 Step right to side, (over 2 count) drag left to close while rising and then shift weight on lowering.

AS.6 ROCK LEFT FWD 1/4 TURN, RECOVER, SIDE, CROSS ROCK, RECOVER, SIDE

1-3 Rock left fwd 1/4 turn L [3:00], recover 1/4 turn L, [12:00] step left to side

4-6 Cross rock with right, recover onto L, step right to side

AS.7 CROSS ROCK, RECOVER WITH 1/2 TURN

1-3 Step left across right while lowering and rotating body (and arms) to left

4-6 Rise and rotating body to right to make 1/2 turn [6:00] and shift weight to right foot

AS.8 BALANCE STEPS FWD & BACK

1-3 Step left forward and drag right close to left

4-6 Step right back and tap left across R

PART B (TAG) - 36 counts

*Optional Steps** Instead of Cross Points below, Twinkles can be danced for a smoother, traditional waltz look.*

BS.1 CROSS POINT X 2

1-3 Lift left foot off floor and step across right, point right toe to right, hold

4-6 Lift right foot off floor to step across left, point left toe to left, hold

BS.2 CROSS POINT, HALF TURN TWINKLE

1-3 Lift left foot off floor and step across right, point right toe to right, hold

4-6 Cross right over left, step left foot back with 1/4 turn R, left foot to side with 1/4 turn R [6:00]

BS.3 & BS.4 REPEAT steps in S.1 & S.2 - finishing facing [12:00]

BS.5 CROSS POINT, HALF TURN TWINKLE

1-3 Lift left foot off floor and step across right, point right toe to right, hold

4-6 Cross right over left, step left foot back with 1/4 turn R, left foot to side with 1/4 turn R [6:00]

BS.6 1/4 TURN, SWAYS AND DRAG

1-3 1/4 turn to R and step left forward [9:00], 1/4 turn R [12:00] and sway upper body left

4-6 Sway body right, shift weight to right foot, drag left foot with no weight next to right foot.

ENDING

Dance the first 6 steps in Part A, i.e. Half Turn Forward waltz steps (x 2), and then pose.

ADDITIONAL INFORMATION AND TIPS

The dance can be rated "Improver" or "Easy Intermediate" if the optional steps are used. Those back locks have to be danced in quick time on toes or balls of the feet and that is not easy to dance smoothly (avoiding hopping).

For more experienced dancers, they are encouraged to also use a little Rise and Fall action where appropriate (High Intermediate). The crossing of the feet at the end of the first 3 steps (borrowed from Viennese Waltz) helps the dancer to balance when using rise and fall. It also helps the continuation of the turn (without a pause).

The alternative music is easier to find but a little more difficult to dance as it is not strict tempo, and it slows down noticeably at the end. The second video shows how the dance can be done with this piece of music.

Daniel Chen

dkchen1058@gmail.com