

MOVE YOUR BODY

Choreographer: Anne Herd, Australia, March 2017 (Version 1)

Song: Move Your Body by Sia (Alan Walker Remix)

CD: This Is Acting (Deluxe Edition) 3:37 iTunes

Count 32

Walls: 4

Level: Easy Intermediate. Dance moves 1/4 CW

Intro: Start on lyrics 16 counts in weight on L

RIGHT AND LEFT SIDE ROCK, BEHIND SIDE CROSS

1-2-3&4 Rock R to side, Recover to L, Cross R behind L, Step L to side, Cross R over L

5-6-7&8 Rock L to side, Recover to R, Cross L behind R, Step R to side, Cross L over R

SIDE TOGETHER, SIDE SHUFFLE, CROSS ROCK, 1/4 SHUFFLE FWD.

1-2-3&4 Step R to side, Step L beside R, Side shuffle R stepping RLR

5-6-7&8 Cross L over R, recover to R, Turn 1/4 L shuffle fwd. stepping LRL 9:00

SYNCHPATED WEAVE, HIP SWAY

1-2&3-4 Step R to side. Step L behind R, Step R to side, Cross L over R, Step R to side

5&6-7-8 Cross L behind R, Step R to side, Cross L over R, Step R to side as you sway
hips RL

SIDE ROCK, CROSS SHUFFLE, 1/4 R, 1/4 R, CROSS SHUFFLE

1-2-3&4 Rock R to side, Recover to L, Cross shuffle R over L stepping RLR

5-6-7&8 Turn 1/4 R stepping back on L, Turn 1/4 R stepping R to side, Cross shuffle L over
R stepping LRL 3:00

32

Tags: There is a 4 count tag at the end of walls 6 & 8. Add a rocking chair.

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