

# MOUNTAIN DEW

Music: Mountain Dew by The Waldorf String Band  
available from Amazon or iTunes

Choreographer: Kenny O'Shaugh

Start: After vocal ' **Hi - the** ' ( be quick ) with



**INTRO: Dance count 33 to 48 ( Section 5 & 6 )**

48 Beat TWO WALL UPPER BEGINNER / EASY INTERMEDIATE			
Beats	Steps	Direction	Actions
<b>Section 1</b>	<b>Shuffle diagonally forward x 2, step back x 4</b>		
1 & 2	Step R diagonally forward, step L next to R, step forward R		Sway attitude to match
3 & 4	Step L diagonally forward, step R next to L, step forward L		Sway attitude to match
5, 6	Step back in straight line, R then L ( saunter style )		Thumbing attitude to match
7, 8	Step back in straight line, R then L together & stomp (for timing)		Thumbing attitude to match
<b>Section 2</b>	<b>Vine right, vine left 1/4 turn, 1/4 paddle x 2</b>		
9 & 10	Vine right, R, L, R		Clap hands
11 & 12	Vine left, L, R, L with 1/4 turn left	9 on clock	Clap hands
13, 14	Step fwd R, turning 1/4 left taking weight to L		Jauntily
15, 16	Step fwd R, turning 1/4 left taking weight to L	3 on clock	Jauntily
<b>Section 3</b>	<b>Step diagonally forward x 2, step back x 4</b>		
17 & 18	Step right diagonally forward, R, L, R		Sway attitude to match
19 & 20	Step left diagonally forward, L, R, L		Sway attitude to match
21, 22	Step back in straight line, R then L ( saunter style )		Thumbing attitude to match
23, 24	Step back in straight line, R then L together & stomp (for timing)		Thumbing attitude to match
<b>Section 4</b>	<b>Vine right, vine left 1/4 turn, 1/4 paddle x 2</b>		
25 & 26	Vine right, R, L, R		
27 & 28	Vine left, L, R, L with 1/4 turn left	12 on clock	
29, 30	Step fwd R, turning 1/4 left taking weight to L		Jauntily
31, 32*	Step fwd R, turning 1/4 left taking weight to L	6 on clock	Jauntily
<b>Section 5</b>	<b>Side rock behind side cross to right then left</b>		
33, 34	Rock onto R then back onto L		Clap hands
35 & 36	R behind L, L to side, R across L		
37, 38	Rock onto L then back onto R		Clap hands
39 & 40	L behind R, R to side, L across R		
<b>Section 6</b>	<b>1/4 paddle x 2, 1/2 turn triple step, shuffle forward</b>		
41, 42	Step fwd R, turning 1/4 left taking weight to L		Jauntily
43, 44	Step fwd R, turning 1/4 left taking weight to L	12 on clock	Jauntily
<b>45 &amp; 46</b>	Triple in place turning 1/2 right, stepping R, L, R	6 on clock	
<b>47 &amp; 48</b>	Step L forward, step R next to L, step L forward		

**REPEAT**

**RESTART: ( After instrumental ) On wall 4 after count 32**

**ENDING:** You will be facing the back ~ replace counts **45 to 48** with 2 x forward shuffles

*Remember this is Irish Jig music, so be on your toes !  
and, of course, sing along to the chorus*