

MINI SHADOW

Choreographed by: Wanda Heldt - Perth WA - Jan 09

Music: **Shady Lady** by Ani Lorak - Eurovision 08 Description: 4 Wall - 32 count - Improver/Easy Intermediate

Email:- silverstarwandarers@hotmail.com / Website: www.silverstarw.com.au

Beginner dance for my Intermediate dance.. "In Your Shadow"

Split floor.. Second To None

2 RIGHT KICK BALL CHANGES, SIDE SHUFFLE, BACK ROCK

1&2 Kick R fwd, step R in place, step L in place
3&4 Kick R fwd, step R in place, step L in place
5&6 Step R to R side, step L besides R, step R to R side

7-8 Rock back onto L, recover onto R

2 LEFT KICK BALL CHANGES, SIDE SHUFFLE, BACK ROCK

1&2 Kick L fwd, step L in place, step R in place 3&4 Kick L fwd, step L in place, step R in place

5&6 Step Left to Left Side, Step Right next to Left, Step Left to Left side

7-8 Rock back onto R, recover onto L,

HIPS R.L.R, HIPS L.R.L, 1/2 PIVOT LEFT, 1/4 PIVOT LEFT

1&2 Hip Bumps R.L.R travel slightly forward. with lots of Attitude 3&4 Hip Bumps L.R.L travel slightly forward. with lots of Attitude]

4-5 Step forward on Right, Pivot 1/2 turn Left

6-7 Step forward on Right, Pivot 1/4 turn Left. [Wt. on Left]

ROCK R & L. SAILOR STEPS, ROCK L & R SAILORS STEPS

1-2 Rock Right, Rock Left

3&4 Step Right behind Left, Step on Left, Step on Right

5-6 Rock Left, Rock Right

7&8 Step Left behind Right, Step on Right, Step on Left

Repeat... HAVE FUN - IN LIFE & IN DANCE