

MIDNIGHT HOUR

KNOCK ON WOOD

WRITTEN BY; DIANA BISHOP

SONG & ARTIST; MIDNIGHT HOUR;KNOCK ON WOOD by SCOOTER LEE

2 WALL UPPER BEGINNER DANCE

COUNTRY MUSIC; THE SHAKE by NEAL McCOY slower music

COUNTS 48

BEATS STEPS

1.2.3.4.

STEP SLAP, STEP SLAP

STEP R TO R, BRING L UP TO BACK OF R KNEE, SLAP FOOT WITH R HAND

STEP L TO L, BRING R UP TO BACK OF L KNEE, SLAP FOOT WITH L HAND

5.6.7.8

HIP BUMP R,L,R HOLD

STEP R TO R, AS YOU STEP R TO R HIP BUMP R,L,R HOLD

1.2.3.4.

STEP SLAP, STEP SLAP

STEP L TO L, BRING R UP TO BACK OF L KNEE, SLAP FOOT WITH L HAND

STEP R TO R, BRING L UP TO BACK OF R KNEE, SLAP FOOT WITH R HAND

5.6.7.8

HIP BUMP L,R,L HOLD

STEP L TO L, AS YOU STEP L TO L HIP BUMP L,R,L HOLD

1&2.3.4

SIDE SHUFFLE R, BACK, FWD

SIDE SHUFFLE TO R ON R,L,R STEP L BACK. STEP R FWD

5.6.7.8

45deg ROCKING CHAIR

ON 45deg L, ROCK FWD ON L, BACK ON R, BACK ON L, FWD ON R,

1&2.3.4

SIDE SHUFFLE R, BACK, FWD

SIDE SHUFFLE TO L ON L,R,L, STEP R BACK. STEP L FWD

5.6.7.8

45deg ROCKING CHAIR

ON 45deg R, ROCK FWD ON R, BACK ON L, BACK ON R, FWD ON L,

1&2.3.4

SHUFFLE FWD, FWD, BACK

SHUFFLE FWD ON R,L,R, ROCK FWD ON L, STEP BACK ON R,

5&6.7.8

SHUFFLE BACK, BACK, FWD

SHUFFLE BACK ON L,R,L. STEP R BACK, STEP L FWD

1&2.3.4

SHUFFLE FWD, ½ PIVOT R

SHUFFLE FWD R,L,R, STEP L FWD TURN ½ PIVOT TO R, KEEP L IN PLACE,

5.6.&7&8

STEP L FWD, TAP R, OUT, OUT, IN, IN,

STEP L FWD, TAP R NEXT TO L, STEP R TO R, STEP L TO L, STEP R BACK TO CENTRE, STEP L NEXT TO R, FULL WEIGHT ON THE L TO START AGAIN WITH THE R.