



# Medicine

Song: Medicine (3.18mins)  
Artist: Shakira (feat. Blake Shelton)  
Choreographers: Mitchell & Linda Burgess- May 2014  
Description: 4 wall, 64 count - Intermediate dance. Turns clockwise. Start with weight on L.

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**Beats**                    **Steps:**                    **Intro: Count 1 beat then start!!! Very quick intro!!!!**

**1-8**                            **CROSS, REPLACE, SIDE SHUFFLE, WEAVE to R**  
1,2,3&4                    Cross/step R over L, replace weight to L, shuffle to R stepping R,L,R,  
5,6,7,8                    Cross/step L over R, step R to R, cross/step L behind R, step R to R

**9-16**                        **CROSS, REPLACE, SIDE SHUFFLE, CROSS, HOLD, STEP, CROSS/SHUFFLE**  
1,2,3&4                    Cross/step L over R, replace weight to R, shuffle to L stepping L,R,L  
5,6,&7&8                    Cross/step R over L, hold, step L to L, cross/step R over L, step L to L, cross/step R over L

**17-24**                      **SIDE ROCK, ¼ REPLACE, ½ SHUFFLE BACK, TOUCH, ½ TURN, TOUCH, ½ TURN**  
1,2,3&4                    Rock/step L to L, turn ¼ R & replace weight to R, turn ½ R & shuffle back L,R,L  
5,6,7,8                    Touch R toe back, turn ½ R & lower R heel, keeping weight on R make ½ turn R & touch L toe back, lower L heel

**25-32**                      **ROCK BACK, REPLACE, SHUFFLE FWD, PIVOT ½, WALK, WALK**  
1,2, 3&4                    Rock/step back R, replace weight to L, shuffle fwd stepping R,L,R  
5,6,7,8                    Step fwd L, pivot ½ turn R, walk fwd L, R \*\*\* (restart wall 5)

**33-40**                      **STEP, ½ KICK, COASTER, STEP, ¼ KICK, BEHIND, SIDE, CROSS**  
1,2,3&4                    Step fwd L, turn ½ R keeping weight back on L & kick R fwd, step back R, step L beside R, step fwd R  
5,6,7&8                    Step fwd L, turn ¼ R keeping weight on L & kick R to side, cross/step R behind L, step L to L, cross/step R over L

**41-48**                      **SIDE ROCK, REPLACE, CROSS, HOLD, MONTEREY ½**  
1,2,3,4                    Rock/step L to L, replace weight to R, cross/step L over R, hold  
5,6,7,8                    Touch R to R side, keep weight on L & make ½ turn R & step R beside L, touch L to L, touch L beside

**49-56**                      **ROCK FWD, REPLACE, ½ STEP, STEP, FULL TURN, ¼ R, SIDE, DRAG**  
1,2,3,4                    Rock/step fwd L, replace weight to R, turn ½ L & step fwd L, step fwd R  
5,6,7,8                    Turn ½ R & step back L, turn ½ R & step fwd R, turn ¼ R & step L to L, drag R to L.  
\*\*(restart 2,4&6)

**57-64**                      **CROSS, TOUCH, CROSS SAMBA, CROSS, BACK, SIDE ROCK, REPLACE**  
1,2,3&4                    Cross/step R over L, touch L to L, cross/step L over R, rock/step R to R, replace weight to L  
5,6,7,8                    Cross/step R over L, step back L, rock/step R to R, replace weight to L.

**Restarts:**                    **Wall 2, & 4 Dance counts 1- 56 then restart.**  
**Restart:**                    **Wall 5. Dance counts 1-31 & touch R beside L. Restart facing (3.00)**  
**Restart:**                    **Wall 6. Dance counts 1-56 then restart facing (6.00)**  
**Finish:**                    **Dance counts 1-8 turn ¼ R on count 8 to front.**