

LOVE IS LIFE....

Music: Love Is by Rod Stewart Album: Another Country

Choreographed by: Di Roods (Port Macquarie NSW Australia) (January 2016)

DANCE: 64 count – 4 wall intermediate (1 restart). . 32 count intro. (weight on L) (version 1)

SIDE, ROCK, CROSS SHUFFLE, SIDE ROCK, BEHIND -¼ - FWD

1, 2, 3 & 4 Step R to R side, side rock onto L, shuffle R across in front of L : R,L,R
5, 6, 7 & 8 Step L to L side, side rock onto R, Step L behind R, turn ¼ R step on R, step L fwd (3.00)

FWD, TAP, BALL STEP, FWD, ROCK, SHUFFLE BACK, BACK

1, 2 & 3 Step R fwd, tap L toe beside R, step L beside R, step R fwd
4, 5 Step L fwd, rock back onto R,
6 & 7, 8 Shuffle back : L,R,L, step R back (3.00)

BACK, ROCK, ½ SHUFFLE BACK, BACK, ROCK, ½ SHUFFLE BACK

1, 2, 3 & 4 Step L back, rock fwd onto R, turn ½ R: shuffle back -- L,R,L (9.00)
5, 6, 7 & 8 Step R back, rock fwd onto L, turn ½ L : shuffle back – R,L,R (3.00)

¼ TURN, CROSS SHUFFLE, FWD, ROCK, BEHIND-SIDE-CROSS, SIDE

1, 2 & 3 turn ¼ L – step L to L side, shuffle R across in front of L : R,L,R (12.00)
4, 5, step L fwd to L diagonal, rock back onto R
6 & 7, 8 step L back (slightly behind R), step R to R side, step L across R, step R to R side (12.00)

CROSS, ROCK, ¼ SHUFFLE, PIVOT TURN, PADDLE TURN

1,2 Step L across R, rock back onto L,
3 & 4 turn ¼ turn L – shuffle fwd – L,R,L (9.00)
5, 6, pivot : step R fwd, turn ½ L (take weight on L), (3.00)
7, 8 paddle turn : step R fwd, turn ¼ L (take weight on L) (12.00)

FWD, ROCK, COASTER STEP, FWD, ROCK, COASTER STEP

1, 2, 3 & 4 Step R fwd, rock back onto L, Coaster : step R back, step L tog. Step R fwd
5, 6, 7 & 8 Step L fwd, rock back onto R, Coaster : step L back, step R tog. Step L fwd (12.00)

TOUCH-FRONT, SIDE, BACK, SIDE & TOUCH-OUT, IN, PIVOT TURN

1, 2 Touch R toe fwd, touch R toe to R side,
3, 4 Touch R toe back, touch R toe to R side
& 5, 6 step R tog., touch L toe to L side, touch L beside R
7, 8 pivot : step L fwd, turn ½ R (take weight on R), (6.00)

FWD, ROCK, COASTER STEP, SIDE, ROCK, BACK, ROCK

1, 2, 3 & 4 Step L fwd, rock back onto R, L coaster step
5, 6, 7, 8 Step R to R side, rock onto L, step R behind L, rock fwd on L (6.00)

TAG: end of wall 4

FWD, ROCK, COASTER STEP, PIVOT TURN, SHUFFLE FWD

1,2, 3 & 4 Step R fwd, rock back onto L, Coaster : step R back, step L tog. step R fwd
5,6, 7 & 8 pivot : step L fwd, turn ½ R (take weight on R), shuffle fwd : L,R,L

PIVOT TURN, SHUFFLE FWD, & HEEL & TOUCH & TOUCH OUT - IN

1,2,3 & 4 pivot : step R fwd, turn ½ L (take weight on L), shuffle fwd : R,L, R
& 5 & 6 step onto L, touch R heel fwd, step R tog, touch (point) L toe to L side
& 7, 8 step onto L, touch (point) R toe to R side, touch R beside L