

Lose My Mind

Choreographed by Barry Andracchio - (Nuline Canberra) Australia Jan. 2018

Music: "Lose My Mind" by Dean Lewis (iTunes - 3.20)

64 Count - Intermediate Level - 2 Wall dance - 1 Restart and 1 Tag - Intro: 32 counts

1-8 Walk, Walk, Shuffle Forward, Right Quarter Paddle Turn, Cross Shuffle

1,2,3&4 Step forward R, L, Shuffle forward R, L, R,

5,6,7&8 Step L forward, Turn ¼ right onto R, Cross step L over R, Step R to side,
Cross step L over R.

3.00

9-16 Half Turn, Cross Shuffle, Side Rock, Recover, Left Quarter Sailor Forward

1,2,3&4 Turn ¼ left Step R back, Turn ¼ left Step L to side, Cross step R over L,
Step L to side, Cross Step R over L,

9.00

5,6,7&8 Step L to side, Recover onto R, Sweep L behind R, turning ¼ left
Step R to side, Step L forward.

6.00

17-24 Pivot Half Turn, ½ Turning Shuffle Back, Left ¼ Turn, Cross Step, Left Kick-Ball-Cross

1,2,3&4 Step R forward, Pivot ½ left onto L, Half turning shuffle back R, L, R,

5,6,7&8 Continue Turning ¼ left Stepping L to side, Step R across L, Kick L to diagonal,
Step L beside R, Step R across L.

3.00

25-32 Left Kick-Ball-Cross, Side Rock, Recover, Behind, Side, Cross, Side Cross, Stomp Right

1&2,3,4, Kick L to diagonal, step L beside R, Step R across L, Step L to side, Recover onto R.

5&6&7,8 Step L behind R, Step R to side, Step L across R, Step R to Side, Step L across R,
Stomp R to side.

3.00

33-40 Left Sailor Step, Right Sailor Step Forward, Half Right Pivot Turn, Half Right Pivot Turn

1&2,3&4 Sweep Step L behind R, Step R to side, Recover back to L, Sweep step R behind L,
Step L to Side, Step R forward,

5,6,7,8 Step L forward, Turn ½ right onto R, Step L forward, Turn ½ right onto R.

3.00

41-48 Forward Rock, Recover, Left ½ turn Shuffle, Heel Switches, Right, Left, Right, Clap Hands

1,2 3&4 Step forward on L, Recover back to R, Turn ½ left shuffle forward L, R, L,

9.00

5&6&7,8 Touch R heel forward, Step R beside L, Touch L heel forward, Step L beside R,
Touch R heel forward, Clap hands.

9.00

49-56 Side, Hip Bumps/Click fingers, Behind, Side, Cross, Side, Hip Bump/Click, Behind, Side, Cross,

1&2,3&4 Step R to side, bump hips & click right fingers, Step L behind R, Step R to side,
Step L across R.

**** Wall 2 - (Delete next 4 counts then continue dancing the final section steps)

5&6,7&8 Step R to side, bump hips & click right fingers, Step L behind R, Step R to side,
Step L across R.

9.00

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57-64 Side Rock, Recover, ¼ Right Sailor Stepping Forward, Half Pivot Turn, Triple Full Turn

1,2,3&4 Step R to side, Recover onto L, Sweep R behind L, turn ¼ right, Step L to side,
Step R forward,

5,6 7&8 Step L forward, Pivot ½ right onto R, Full turn over right (**on the spot**) Step L, R, L.
(alternate for 7&8 – shuffle steps)

Repeat

Restart ** Wall 2:**

Dance to count 52, omit the next four counts (53-56) then continue the dance from count 57 till the end.

16 Count Tag: End of wall 3 (begin facing 6.00)

1,2 3&4 Walk forward R, L, Shuffle forward R, L, R,

5,6,7&8 Rock forward on L, Recover back to R, Step L back, R beside L, Step L forward.

1,2,3&4 Step R forward, Pivot ½ left onto L, Shuffle forward R, L, R,

5,6,7&8 Step L forward, Pivot ½ right onto R, Shuffle forward L, R, L.

Ending

Dance to count 54 (facing 3.00) and replace 55, 56 (7&8) with a ¼ left sailor turn
To face 12.00

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