

LIVE THE LIFE

SONG: "LIVE THE LIFE" by BELLE PEREZ.

ALBUM: "THE BEST OF BELLE PEREZ"

ORIGINAL POSITION: FEET TOGETHER WEIGHT ON THE LEFT FOOT.

CHOREOGRAPHER: GORDON ELLIOTT & REBECCA WILLIAMS. NSW. Nov 2010.

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For a video demo walk thru by Gordon visit <http://www.youtube.com/watch?v=yfX-MfHRR48>

BEATS	STEPS: This dance is done in TWO directions. Introduction : 28 Beats
1, 2 3 & 4 5, 6 7 & 8	FORWARD, ROCK, TRIPLE STEP, FORWARD, ROCK, TRIPLE STEP STEP R FORWARD, ROCK BACK ONTO L, TRIPLE STEP : R-L-R, STEP L FORWARD, ROCK BACK ONTO R, TRIPLE STEP : L-R-L.
1, 2 3 & 4 5, 6 7&8 ##	SIDE, ROCK, TRIPLE STEP, SIDE, ROCK, TRIPLE STEP STEP R TO THE SIDE, SIDE ROCK ONTO L, TRIPLE STEP : R-L-R, STEP L TO THE SIDE, SIDE ROCK ONTO R, TRIPLE STEP : L-R-L.
1, 2 3, 4 5, 6 7, 8	FORWARD, FORWARD, FORWARD, KICK, BACK, BACK, BACK, TOUCH STEP R FORWARD, STEP L FORWARD, STEP R FORWARD, KICK L FORWARD, STEP L BACK, STEP R BACK, STEP L BACK, TOUCH R TOE BACK.
1, 2 3, 4 5, 6 7, 8	ACROSS, TOUCH, ACROSS, TOUCH, JAZZ BOX STEP STEP R ACROSS IN FRONT OF LEFT, TOUCH L TOE TO THE SIDE, STEP L ACROSS IN FRONT OF RIGHT, TOUCH R TOE TO THE SIDE, JAZZ BOX : STEP R ACROSS IN FRONT OF LEFT, STEP L BACK STEP R TO THE SIDE, STEP L FORWARD.
1, 2 3 & 4 5, 6 7 & 8	PIVOT TURN, SHUFFLE FORWARD, PIVOT TURN, SHUFFLE FORWARD PIVOT : STEP R FORWARD, TURN 180° LEFT TAKE WEIGHT ONTO L, SHUFFLE FORWARD STEP : R-L-R, PIVOT : STEP L FORWARD, TURN 180° RIGHT TAKE WEIGHT ONTO R, SHUFFLE FORWARD STEP : L-R-L.
1, 2 3, 4 5, 6 7, 8 **	PADDLE TURN, PADDLE TURN, ROCKING CHAIR PADDLE : STEP R FORWARD, TURN 90° LEFT TAKE WEIGHT ONTO L, PADDLE : STEP R FORWARD, TURN 90° LEFT TAKE WEIGHT ONTO L, ROCKING CHAIR : STEP R FORWARD, ROCK BACK ONTO L, STEP R BACK, ROCK FORWARD ONTO L.
48	REPEAT THE DANCE IN NEW DIRECTION
1, 2, 3, 4	TAG : At the END (**) of WALL 2 (FRONT) add the following tag : STEP R FORWARD, ROCK BACK ONTO L, STEP R BACK, ROCK FORWARD ONTO L. RESTART : On WALL 5 dance to BEAT 16 (##) and restart facing the FRONT.