

LIFETIME DREAMS

3RD PLACE IN THE EASY INTERMEDIATE SECTION AT TAMWORTH 2015

SONG: Once In A Lifetime by Heartbeat Album: Once In Lifetime

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DANCE: 32 counts, 2 walls, 128bpm, 16 count intro, EASY INTERMEDIATE January 2015

NO TAGS OR RESTARTS

Thank you to Henrico from The Netherlands for this song - an Aussie song too

STEPS

PATTERN OF DANCE

Shuffle Fwd Stomp Fwd Hold Rock Fwd Recover Toe Strut Back

1,2,3,4 Shuffle fwd RLR, Stomp fwd on L, Hold

5,6,7,8 Rock/step fwd on R, Recover back on L, Step back on R toe, Drop R foot

Shuffle Back 1/4 Rocks Side Slide Side Slide

9&10 Shuffle back LRL

11,12 Making 1/4 right rock/step R to right, Rock/step L to left

13,14 Big step to right, Slide L to touch beside R

15,16 Big step to left, Slide R to touch beside L

Shuffle Fwd Step Pivot 1/2 Shuffle Fwd Step Pivot 1/4

17&18 Shuffle fwd RLR

19,20 Step fwd on L, Pivot 1/2 right transferring wt to R

21&22 Shuffle fwd LRL

23,24 Step fwd on R, Pivot 1/4 left transferring wt to L

Rock Fwd Recover Step Back Hold Step Back Tap Walk Fwd

25,26,27,28 Rock/step fwd on R, Recover back on L, Step back on R, Hold

29,30 Step back on L, Tap R beside L

31,32 Walk fwd RL

*Hope you enjoy this easy little dance.
Heartbeat are Aussies who sing at various clubs around our country...
So you might find them in a club near you very soon.*

See you on the floor sometime.... Jan