



Le Freak



Suggested Music: "Le Freak" **Artist:** Chic
Album: The Best Ever Disco Album - Disc One
Choreographer: Colleen Archer, Charters Towers, Queensland, Australia
Intro: 32 counts **SP.** Weight on L **Date:** 15th June, 2015 **Rotation:** ¼ anticlockwise
Track time: 3.30 mins, 32 count, 4 wall, Improver level **BPM:** 118
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- SIDE, TOG, SIDE, TOUCH, SIDE, TOG, SIDE, TOUCH**
- 1, 2 Step R to right side, Step L beside R
3, 4 Step R to right side, Touch L beside R
5, 6 Step L to left side, Step R beside L
7, 8 Step L to left side, Touch R beside L (12)
- R SAILOR STEP, L SAILOR STEP, ROCK BACK REC, ½ PIVOT**
- 1 & 2 Step R behind L, Rock step L to left side, Recover R
3 & 4 Step L behind R, Rock step R to right side, Recover L
5, 6 Rock step R back, Recover L
7, 8 Step R forward, Turn ½ left taking weight onto L (6)
- R RUMBA FWD, L RUMBA BACK**
- 1, 2 Step R to right side, Step L beside R
3, 4 Step R forward, Touch L beside R
5, 6 Step L to left side, Step R beside L
7, 8 Step L back, Touch R beside L (6)
- ¼ MONTEREY, FWD, FWD, R KICK/BALL/CHANGE**
- 1, 2 Touch R to right side, Turn ¼ right & step R beside L
3, 4 Touch L to left side, Step L beside R
5, 6 Step R forward turning toes to right, Step L forward turning toes to left
7 & 8 Kick R forward, Step R ball beside L, Step L beside R (9)
- Begin again.....

Dance may be copied and distributed provided original steps remain unchanged.