



LADY COWBOY



Choreographer: Anne Herd, Australia April 2017

Song: Lady Cowboy by Ru Paul CD: American - iTunes (3:02)

Description: 64 Count 2 Wall Phrased Intermediate – 1 Tag

Intro: Start 32 beats in weight on L

SEQUENCE A A B (TAG) A A B A A B

SECTION A 32 COUNTS

RIGHT AND LEFT TOUCH, TOUCH, COASTER

1-2-3&4 Touch R toe fwd. Touch R toe to side, Step back on R, Step L beside R, Step fwd. on R
 5-6-7&8 Touch L toe fwd. Touch L toe to side, Step back on L, Step R beside L, Step fwd. on L

ROCK FWD. 1/2 TURN SHUFFLE FWD. 1/4 TURN. SIDE SHUFFLE, ROCK BACK

1-2-3&4 Rock fwd. on R, Recover to L, Turn 1/2 R, Shuffle fwd. RLR
 5&6-7-8 Turn 1/4 R, Side shuffle L stepping LRL, Rock back on R, Recover to L (9:00)

2 X KICKBALL CROSS, SIDE ROCK, BACK ROCK

1&2-3&4 Kick R on R 45, Step R together, Cross L over R, Kick R on R 45, Step R together, Cross L over R
 5-6-7-8 Rock R to side, Recover to L, Rock back on R, Recover to L

TWO X 1/4 PADDLE TURNS, 1/4 JAZZ BOX

1-2-3-4 Step fwd. on R, Make paddle turn L, Step fwd. on R, Make paddle turn L
 5-6-7-8 Cross R over L, Turn 1/4 L, Stepping back on L, Step R to side, Step fwd. on L

SECTION B 32 COUNTS

RIGHT AND LEFT, HEEL & HEEL & DOUBLE HEEL

1&2&3-4& Touch R heel fwd. Step R beside L, Touch L heel fwd. Step L beside R, Touch R heel fwd. twice. Step R beside L
 5&6&7-8& Touch L heel fwd. Step L beside R, Touch R heel fwd. Step R beside L, Touch L heel fwd. twice. Step L beside R

RIGHT & LEFT DOROTHY STEPS, PIVOT, 2 X 1/2 PIVOTS

1-2&3-4& Step R foot forward on the diagonal, Lock L behind R, Step forward on R on R diagonal, Step forward on L diagonal, Lock R behind L, Step forward on L
 5-6-7-8 Step forward on R, Pivot 1/2 L weight on L, Step forward on R, Pivot 1/2 L weight on L

RIGHT AND LEFT, HEEL & HEEL & DOUBLE HEEL

1&2&3&4& Touch R heel fwd. Step R beside L, Touch L heel fwd. Step L beside R, Touch R heel fwd. twice. Step R beside L
 5&6&7&8& Touch L heel fwd. Step L beside R, Touch R heel fwd. Step R beside L, Touch L heel fwd. twice. Step L beside R

1/4 TURN HIP BUMPS, SIDE BUMPS, 1/4 TURN, HIP BUMPS

1&2-3&4 Turn 1/4 L, Step R to side as you bump hips RLR, Step L to side as you bump hips LRL
 5&6-7&8 Turn 1/4 L, Step R to side as you bump hips RLR, Step L to side as you bump hips LRL

64

TAG: After you complete section B the first time add the following 16 count tag

PIVOT 1/2 SHUFFLE FWD. ROCK FWD. COASTER.

1-2-3&4 Step fwd. on R, Pivot 1/2 L, Shuffle fwd. RLR

5-6-7&8 Rock fwd. on L, Recover to R, Step back on L, Step R beside L, Step L fwd.

RIGHT AND LEFT STOMP, HEEL SWIVELS

1-2-3-4 Stomp R fwd. on the diagonal, Swivel L towards R, Toe, Heel, Touch L beside R

5-6-7-8 Stomp L fwd. on the diagonal, Swivel R towards L, Toe, Heel, Touch L beside R.

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