

KICK IT UP

Music: Kick It Up

Artist: The McClymonts Album: Wrapped Up Good

Choreographer: Kaye Lewis-Driver. March, 2011

Description: 86 count, 4 wall, Intermediate/advanced line dance, clockwise rotation, 2 Bridge - Restarts on walls 2 & 4; 1 Restart wall 5. Start on vocals.

BEATS

STEPS

- 1 - 8**
1 - 4
5 - 8
TWO STEP TOUCHES WITH CLAPS, ROLLING VINE RIGHT:
Step right fwd 45°, touch L together, clap, step L back to centre, touch R together, clap
Turn ¼ R to step R fwd, turn ½ R to step L back, turn ¼ R to step R to side, touch L together
(OPTION: vine R, touch together - Step R to side, step L behind R, step R to side, touch L beside R)
- 9-16**
1 - 4
5 - 8
TWO STEP TOUCHES WITH CLAPS AND VINE LEFT:
Step L fwd 45°, touch R toe together & clap, Step R back to centre, touch L together & clap
Step L to side, step R behind L, step L to side, touch R beside L
- 17 - 24**
1 - 4
5 - 8
TWO LOCK STEPS WITH SCUFFS:
Travelling fwd to R diagonal: Step R fwd, lock step L behind R, step R fwd, scuff L fwd
Travelling fwd to L Diagonal: Step L fwd, lock step R behind L, step L fwd scuff R fwd
- 25 - 32**
1 - 4
5&6, 7&8
R 45, L 45, TWO R KICK BALL CROSSES:
Touch R heel fwd 45°, step R together with L, touch L heel fwd 45°, step L together with R
Travelling to R side: Kick R fwd, step R together with L, step L across R, ***** Repeat
- 33 - 40**
1 - 4
5, 6
7, 8
TOE STRUTS, ¼ L& KICK, BACK, BACK & BRUSH-UP:
Travelling R: touch/step R toe to side, drop R heel taking weight,
Touch/step L toe beside R, drop L heel taking weight
Turn ¼ L to hop/step back on R kicking L fwd, step back on L
Step R back, drag L back and brush-up L across R shin
- 41 - 48**
1 - 4
5 - 8
TWO LOCK STEPS WITH SCUFFS
Travelling fwd to L diagonal: Step L fwd, lock step R behind L step L fwd, scuff R fwd
Travelling fwd to R diagonal: Step R fwd, lock step L behind R, step R fwd, scuff L fwd
- 49 - 56**
1 - 4
5 - 8
ROLLING VINE L 1 ¼ TURNS, FWD, L45, R 45:
One full turn and a quarter turn to the left beginning with the left foot , taking four steps
Step right on right, place left heel 45 degrees left, then step left on left foot, place right heel 45°
- 57-64**
1 - 4
5 - 8
TWO STEP FLICKS, TWO PADDLE TURNS:
Step R to side, flick L behind R Step L to side, flick R behind L
(OPTION: flick head to R and L with FLICKS BEHIND)
Step R FWD, paddle turn ¼ L taking weight on L, step R FWD, paddle turn ¼ L taking weight on L
- 65 -72**
1&2,
3, 4
5 - 8
R SIDE SHUFFLE, ROCK BACK, REPLACE, L ROCKING CHAIR:
R side -shuffle stepping R to side, step L together with R, step R to side,
Rock L behind R, replace weight fwd onto R,
Rock L fwd to 45°, replace weight back on R,(##) Rock L back to 45°, replace weight fwd on R
- 73 - 80**
1&2
3, 4
5 - 8
L SIDE SHUFFLE, ROCK BACK, REPLACE, R ROCKING CHAIR:
L side shuffle stepping L to side, step R together with L, step L to side,
Rock R behind L, replace weight fwd on L
Rock R fwd to 45°, replace weight back on L, Rock R back to 45°, replace weight fwd on L #####
- 81-86**
1 - 4
5, 6
PIVOT ½ TURN, PADDLE ¼ TURN, TWO STOMPS:
Step R fwd, pivot turn ½ left taking weight on L & straightening up,
Step R fwd, paddle turn ¼ L taking weight on L
Stomp R fwd taking weight, stomp L together with R taking weight
- 86**
END OF DANCE
- Bridge - Restart Wall 2 ##**
1 - 2
Dance to count 70 ## - then do following 2 counts to restart dance
Turning ¼ R step L fwd touch R beside L then Restart
- Bridge - Restart Wall 4#####**
1-4
5-8
Dance to count 80 ##### - then do the following 8 counts & restart dance
Turn ¼ R toe strut R fwd (to face front), toe strut L fwd.
Keeping weight on L: Stomp R foot fan R toe out, centre, out.
- Restart Wall 5 *******
Dance to count 30 *** and restart dance.**
- To Finish dance:**
1-8
1-4
5-8
1-2
Dance to count 80 ...then add the following counts:
Turning R and travelling in circle back to the front 4 heel struts: R, L, R, L
Stomp R fwd, fan toe out, centre, out taking weight
Stomp L fwd, fan toe out, centre, out taking weight
Step R fwd, lift and slap L knee with R hand