

It's Good To Be Alive

MUSIC	<i>Song: Good Time To Be Alive.</i>	
ARTIST	<i>Artist: Lady Antebellum. Album: Heartbreak.</i>	
CHOREOGRAPHER	<i>Darren Mitchell July 2017</i>	
BEATS	DESCRIPTION	32 Count 4 Wall Intermediate Dance (Intro: 16 counts)
<p>1 2&3 4&5 6&7 8&1</p> <p>2&3 4&5 6&7 8 (*)</p> <p>&1,2 & 3,4 5,6 &7,8 (**)</p> <p>1,2& 3,4& 5,6 & 7,8</p> <p>32</p> <p><i>Restart 1</i> <i>Restart 2</i> <i>Restart 3</i></p>	<p>FORWARD, FORWARD-BACK-1/2 TURN, 3/4 TURN, BEHIND-SIDE-ACROSS, SIDE-BEHIND-ACROSS Step R forward, Step L forward, rock back onto right, turn 180 degrees left step L forward, (6:00) Step R forward, turn 270 degrees left take weight onto left, step R to the side, (9:00) Step L behind right, step R to the side, step L across in front of right, Step R to the side, step L behind right, step R across in front of left.</p> <p>SIDE SHUFFLE, ACROSS-BACK-BACK, ACROSS-BACK-BACK-TOUCH Side shuffle to the left: L-R-L, Step R across in front of left, step L back at 45 degrees left, step R back at 45 degrees right, Step L across in front of right, step R back at 45 degrees right, step L back at 45 degrees left, Touch R together. (9:00)</p> <p>TOGETHER, FORWARD, FORWARD-TOGETHER, PIVOT TURN, FORWARD, FORWARD-TOGETHER, FORWARD, TOUCH Step R together, step L forward, step R forward, Step L together, Pivot turn: step R forward, turn 180 degrees left take weight onto left, (3:00) Step R forward, step L forward, Step R together, step L forward, touch R together.</p> <p>SIDE, ROCK-TOGETHER, SIDE, ROCK-TOGETHER, FORWARD, BACK, 1/2 TURN, FORWARD, TOUCH Step R to the side, side rock onto left, step R together, Step L to the side, side rock onto right, step L together, Step R forward, rock back onto left, Turn 180 degrees right step R forward, Step L forward, touch R together. (9:00)</p> <p>REPEAT</p> <p><i>Restarts:</i> <i>On wall 3, dance to count 16 (*) then restart the dance again facing 3 0'clock.</i> <i>On wall 6, dance to count 24 (***) then restart the dance again facing 12 0'clock</i> <i>On wall 7, dance to count 16 (*) then: step R back, rock forward onto left and restart the dance again facing 9 0'clock</i></p>	