

# IF ONLY

SONG: IF I COULD ONLY FLY BY JOE NICHOLS AND LEE ANN WOMACK

ALBUM: REAL THINGS

CHOREOGRAPHED BY: TRACIE LEE, SYDNEY, AUSTRALIA, AUGUST 2007

ORIGINAL POSITION: FEET TOGETHER, WEIGHT ON RIGHT FOOT

Dance starts after an 8 count intro

BEATS      STEPS      A TWO WALL INTERMEDIATE LEVEL LINE DANCE

## **Rock Replace ½ Turn, ½ Pivot, Rock Replace ½ turn ¼ Pivot**

1-2      STEP/ROCK FWD ONTO L, REPLACE BACK ONTO R  
&3-4      TURN ½ TURN L & STEP ONTO L, STEP R FWD, PIVOT ½ TURN L TAKING WEIGHT TO L  
5-6      STEP/ROCK FWD ONTO R, REPLACE WEIGHT BACK ONTO L  
&7-8      TURN ½ TURN R & STEP ONTO R, STEP L FWD, PIVOT ¼ TURN R TAKING WEIGHT TO R

## **Sailor Step x 2, Behind, Side, Cross, Side, Behind unwind ½ Turn L**

1&2      STEP L BEHIND R, STEP R TO R SIDE, STEP L TO L SIDE  
3&4      STEP R BEHIND L, STEP L TO L SIDE, STEP R TO R SIDE  
5&6&      STEP L BEHIND R, STEP R TO R SIDE, STEP L ACROSS R, STEP R TO R SIDE  
7-8      STEP L BEHIND R, UNWIND ½ TURN L TAKING WEIGHT TO L

## **Rock Replace, ¼ Turn, Full Turn, Shuffle Fwd, Step Back x 3**

1-2      STEP/ROCK R FWD ACROSS L, REPLACE WEIGHT BACK ONTO L  
&3      TURN ¼ TURN R & STEP ONTO R, STEP L FWD TURNING A FULL TURN R ON L FOOT  
4&5      SHUFFLE FWD R,L,R ENDING THE SHUFFLE WITH A KNEE BEND TO PUSH OFF FOR NEXT STEP  
6,7,8      STEP L BACK SWEEPING R, STEP R BACK SWEEPING L, STEP L BACK SWEEPING R

## **Rock Back Replace, ¼ Turn, Rock Back Replace, Together, Rocking Chair to Corners**

1-2      STEP/ROCK BACK ONTO R, REPLACE WEIGHT FWD ONTO L  
&3-4      TURN ¼ TURN L & STEP R BESIDE L, ROCK BACK ONTO L, ROCK FWD ONTO R  
&5-6      STEP L BESIDE R, ROCK FWD ON R AT 45 DEG R, REPLACE WEIGHT BACK TO L  
7-8      ROCK BACK ONTO R AT 45 DEG R, REPLACE WEIGHT FWD ONTO L

## **Step ½ Pivot & Step ½ Pivot & Rock Fwd Replace, Step Back Touch**

1-2      STEP R FWD, PIVOT ½ TURN L,  
&3-4      STEP R BESIDE L, STEP L FWD, PIVOT 1/2TURN R TAKING WEIGHT TO R  
&5-6      STEP L BESIDE R, ROCK FWD ONTO R, REPLACE WEIGHT BACK TO L  
7-8      STEP R BACK, TOUCH L TOE FWD IN FRONT OF R

## **Step ½ Pivot & Step ½ Pivot & Rock Fwd Replace, Step Back Touch**

1-2      STEP L FWD, PIVOT ½ TURN R,  
&3-4      STEP L BESIDE R, STEP R FWD, PIVOT ½ TURN L TAKING WEIGHT TO L  
&5-6      STEP R BESIDE L, ROCK FWD ONTO L, REPLACE WEIGHT BACK TO R  
7-8      STEP L BACK, TOUCH R TOE FWD IN FRONT OF L

## **Rolling Vine R, Cross Ball Step, Cross Side, ½ Hinge Turn**

1-3      STEP R,L,R TRAVELLING TO R & TURNING A FULL TURN R  
4&5      STEP L ACROSS R, STEP/ROCK R TO R SIDE, REPLACE WEIGHT TO L  
6,7,8      STEP R ACROSS L, STEP L TO L SIDE, TURN ½ TURN R & STEP R FWD

## **Step Tap, Ball Step, Step ½ Pivot, Step, Step ¼ Pivot**

1-2      STEP L FWD, TAP R BESIDE L  
&3      STEP BACK ON BALL OF R, STEP L FWD  
4-5      STEP R FWD, PIVOT ½ TURN L TAKING WEIGHT TO L  
6,7,8      STEP R FWD, STEP L FWD, PIVOT ¼ TURN R TAKING WEIGHT TO R

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RESTART DANCE