

HUMBLE AND KIND (EZ)

Bill Larson

Choreographer: Bill Larson, May 2016 (email: bill_larson@hotmail.com)

Song: "Humble and Kind" by Tim McGraw

CD: Damn Country Music 4:20 (150 BPM)

4 Wall, 48 Count, Easy Intermediate Waltz – No tags or restarts - Turning CCW

Weight on Right, Start 48 counts in on vocals "there's a light ..." (18 seconds) V1 10.5.16

1. Forward Drag Touch, Waltz Back Half Turn

1,2,3 Step forward on L, Drag R up to L, Touch R beside L
4,5,6 Step back on R, *turning 1/2 L* Step forward on L, Step R beside L (6:00)

2. Step Turn Sweep, Back Waltz Basic

1,2,3 Step forward on L, *turning 1/2 L* Sweep R to touch beside L (12:00)
4,5,6 Step back on R, Step L beside R, Step R in place

3. Cross Sweep (2 counts), Cross Sweep (2 counts),

1,2,3 Cross / Step L forward over R, Sweep R to side then partially forward (2 counts)
4,5,6 Cross / Step R forward over L, Sweep L to side then partially forward (2 counts)

4. Cross Lift Kick, Back Waltz 1/2 Turn

1,2,3 Cross / Step L over R (*facing 2:00 corner*), Slow kick R forward (2 counts)
4,5,6 Step back on R, *turning 1/2 L* Step L forward, Step R beside L (8:00 corner)

5. Forward Lift Kick, Back Turn Forward

1,2,3 Step L forward (*facing 8:00*), Slow kick R forward (2 counts)
4,5,6 Step back on R, *turning 1/3 L to straighten up onto wall* Step L slightly to the side, (3:00) Step R forward

6. Forward Sweep Turn, Cross Side Behind

1,2,3 Step forward on L, *turning 1/4 L* Sweep R out to side, Hold (12:00)
4,5,6 Cross / Step R over L, Step L to side, Cross / Step R behind L

7. Side Drag Touch, Turn Side Drag Touch

1,2,3 Step L to side, Drag R up to L (2 counts)
4,5,6 *turning 1/4 L* Step R to side, Drag L up to R (2 counts) (9:00)

8. Turn Side Drag Touch, Turn Side Drag Touch

1,2,3 *turning 1/4 L* Step L to side, Drag R up to L (2 counts) (6:00)
4,5,6 *turning 1/4 L* Step R to side, Drag L up to R (2 counts) (3:00)