

# HULA HULA HOOP

**Song:** Hula Hoop

**Artist:** OMI

**Choreographer:** Adrian Lefebour & Jessica Lamb, Sept 15

**Step Description:** 4 Wall, 32 Count, Easy Intermediate Line Dance

**Notes:** 32 count intro from the start of the song.

**Starting Position:** Right Toe pointed to R side ready to Turn

## Beats Steps

### 1-8 Full Turn, Scuff, Step Across, Replace, Step, Touch

- 1,2,3 1/4 Turn R step R fwd, 1/2 Turn R step L back, 1/4 Turn R step R to R side (12.00)  
4 Scuff L fwd/across R  
5,6 Step L fwd/across R, Replace weight back on R  
7,8 Step L to L side, Touch R toe next to L

### 9-16 V Step (Using Hips) x2

- 1,2 Step R fwd push hips R (1.00), Step L to L side push hips L  
3,4 Step R back push hips back (12.00), Step L next to R push hips L (weight on L)  
Repeat for 5 - 8

### 17-24 Step, Replace, Coaster Step, 1/2 Pivot Turn, Shuffle Fwd

- 1,2 Step R fwd, Replace weight back on L  
3&4 Step R back, Step L next to R, Step R fwd  
5,6 Step L fwd, 1/2 Pivot Turn R (weight on R) (6.00)  
7&8 Shuffle fwd on L stepping L R L

### 25-32 1/4 Paddle Turns (Using Hips) x3, Step Across, Replace

- 1,2 Step R fwd, Push hips around to make 1/4 Paddle Turn L (weight on L) (3.00)  
3,4 Step R fwd, Push hips around to make 1/4 Paddle Turn L (weight on L) (12.00)  
5,6 Step R fwd, Push hips around to make 1/4 Paddle Turn L (weight on L) (9.00)  
7,8 Step R fwd/across L, Replace weight back on L

## START AGAIN

### TAG 1 – End of Wall 4, you will be facing the 12.00 wall.

- 1,2 Step R to R side, Step L across R  
3,4 Step R to R side, Step L behind R  
5 1/4 Turn R step R fwd (3.00)  
6,7,8 Step L fwd, 1/2 Pivot Turn R, 1/4 Turn R step L to L side (12.00)

- 1,2 Step R behind L, 1/4 Turn L step L fwd (9.00)  
3,4 Step R fwd, 1/2 Pivot Turn L (weight on L) (3.00)  
5,6 Step R fwd, 1/4 Pivot Turn L (12.00)  
7,8 Step R fwd/across L, Replace weight back on L

### TAG 2 – End of Wall 9, you will be facing the 9.00 wall.

- 1,2 1/4 Turn R step R fwd, Step L fwd (12.00)  
3,4 Step R fwd/across L, Replace weight back on L

**FINISH:** Wall 11 – Dance to count 30, then Step R fwd, Push hips around to make 1/2 Paddle Turn L to finish at the front wall.