

HOW LONG

SONG: HOW LONG BY CHARLIE PUTH
ALBUM: VOICENOTES
ORIGINAL POSITION: FEET TOGETHER WEIGHT ON LEFT FOOT
CHOREOGRAPHER: PAUL MCQUEEN NSW AUSTRALIA 2018
LEVEL: INTERMEDIATE
MUSIC: AVAILABLE FROM iTUNES AND AMAZON

BEATS	STEPS: THIS DANCE IS DONE IN 4 DIRECTIONS. INTRODUCTION 16 BEATS
1, 2 & 3, 4 5 & 6 7, 8	<p>CROSS ROCK & CROSS ROCK, BACK LOCK BACK, TOUCH BACK UNWIND CROSS R OVER L, ROCK BACK ONTO L, STEP R TOGETHER, CROSS L OVER R, ROCK BACK ONTO R (12.00) STEP L BACK, LOCK R ACROSS IN FRONT OF LEFT, STEP L BACK TOUCH R TOE BACK ½ UNWIND (180°) RIGHT TAKE WEIGHT ON L (6.00)</p>
1, 2 3 & 4 5, 6 7 & 8	<p>SIDE TOGETHER, SHUFFLE FORWARD, SIDE TOGETHER, SHUFFLE BACK BIG STEP R TO SIDE, DRAG L NEXT TO R STEP R FORWARD, STEP LEFT NEXT TO R, STEP R FORWARD (R-L-R) STEP L TO SIDE, DRAG R NEXT TO L (BIG STEP TO SIDE AND DRAG) STEP L BACKWARD, STEP R NEXT TO L, STEP L BACKWARD (L-R-L) (6.00)</p>
1, 2 3, 4 5 & 6 7 & 8	<p>STEP R ACROSS L, ½ UNWIND, TAKE WEIGHT ON L, SIDE ROCK REPLACE, SAILOR, ½ TURN SAILOR STEP R ACROSS L, ½ TURN UNWIND 180° LEFT TAKE WEIGHT ON L (12.00) STEP RIGHT TO SIDE, ROCK BACK ONTO L SAILOR: STEP R BEHIND LEFT, STEP L TO THE SIDE, STEP R TO THE SIDE SAILOR STEP TURNING 180° L-R-L (6.00)</p>
1, 2 3 & 4 5, 6 7 & 8	<p>STEP R ACROSS L, STEP L BACK, ¼ RIGHT FORWARD-TOGETHER-FORWARD (R-L-R), FORWARD, ROCK BACK, 1 ½ TURN TRIPLE, (3.00) STEP R ACROSS L, STEP L BACK TURN 90° RIGHT, R FORWARD, STEP L NEXT TO R, STEP R FORWARD (9.00) STEP L FORWARD, ROCK BACK ONTO RIGHT, TURNING 540 DEGREES LEFT TRAVELLING BACK TRIPLE STEP: L-R-L (3.00) (EASIER VERSION HALF TURN SHUFFLE FORWARD)</p>
32	REPEAT DANCE IN NEW DIRECTION
1, 2 & 3, 4	<p>RESTART: WALL 4, COUNT 16</p> <p>TAG 1 ON WALL 10 - COMPLETE FIRST 8 BEATS AND PUT IN THE FOLLOWING 4 BEAT TAG BEFORE RESTARTING THE DANCE SIDE ROCK TOGETHER AND SIDE ROCK TOGETHER STEP R TO SIDE, ROCK BACK ON L, STEP R TOGETHER, STEP L TO SIDE, ROCK BACK ON R, STEP L TOGETHER</p> <p> CHOREOGRAPHER: PAUL MCQUEEN MOBILE: 0438639150 EMAIL: PaulWilliamMcQueen@gmail.com HAVE FUN AND REMEMBER TO COUNT AND SMILE! </p>