

Hold My Hand Ez

Choreographed By Annemaree Sleeth July 2015

AB Beginner 32 Count , 4 Wall Dance

Music: Hold My Hand By Jess Glynne : Single on itunes 3.47minutes

Video to dance on Annemaree Sleeth Youtube <https://www.youtube.com/watch?v=F46GFbwZdfA>

Intro 32

Start on vocals "In " My Mind

Great Split Floor to Darling Hold My Hand by Neville Fitzgerald & Julie Harris

Sec 1 Walks Forward 3 Kick, Walks Back 3, Touch,

1 – 2 Step R Forward, Step L Forward

3 – 4 Step R Forward , Kick L Forward

5 – 6 Step L Back , Step R Back

3 – 4 Step L Back , Touch R Together (Snap Fingers on all touches)

Sec 3 ¼ R Turn Side Touch, 1/4 L Forward Touch, Side Touch, Side Touch

1 – 2 Turn ¼ R Step R Side, Touch L Together (3.00) Bending knees on side touches

3 – 4 Turn ¼ L Step L Forward , Touch R Together (12.00)

5 – 6 Step R Side, Touch L Together (snapping fingers on all touches)

7 – 8 Step L Side, Touch R Together

Sec 3 Forward, Recover, Shuffle Back, Back, Recover, Shuffle Forward

1 – 2 Rock R Forward, Recover L

3 & 4 Step R Back , Step L Together, Step R Back

5 – 6 Rock L Back , Recover R

7 & 8 Step L Forward Step R Together Step L Forward

Sec 4 Walk Walk, Step lock step/shuffles x 2, Making ¾ Arc Left

1 – 2 Turning L Step R forward, step L forward (starting the arc)

3 & 4 Step R Forward, Cross L behind R, step L forward

5 – 6 Step L Forward, Step R forward

7 & 8 Shuffling/Locking Straight ahead Step L Forward, Cross R behind L,
Step L forward (Facing 3.00)

Repeat

Finish by shuffling a complete full turn to the front

Step L forward arms out by sides and pose

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