



# Hold Me Back



Choreographer: Maddison Glover (AUS) – June 2013  
Description: 16 Count, 4 walls, Easy-Intermediate Line Dance  
Music: Outta Control (Original Radio Edit) by De-Lano ft. Francisco  
Album: Outta Control – EP on iTunes

**\*\*IT IS EASIER THAN IT LOOKS\*\***

- Rock fwd, back, Lock shuffle back, back rock/flick, Hipsx3**  
1,2,3&4 Rock fwd onto L, Replace weight onto R, Step L foot back, Lock R across L, Step L foot back  
5,6,7&8 Rock back onto R, Rock fwd onto L whilst flicking R foot back/up, Step R fwd rocking hips fwd onto R diagonal, Rock hips back onto L diagonal, Rock hips fwd onto R diagonal
- Walk fwd x2, Lock shuffle fwd, Rock fwd, back, ¼ turning shuffle**  
1,2,3&4 Walk fwd stepping L, R, Step L fwd, Lock R behind L, Step L fwd,  
5,6,7&8 Rock fwd onto R, Replace weight onto L, Turn ¼ R stepping R to R side, Step L beside R, Step R to R side.

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At the end of the 4<sup>th</sup>, 8<sup>th</sup>, 16<sup>th</sup>, and 20<sup>th</sup> Sequence, add the following tag and repeat it twice to make up 16 counts. This will take place facing 12:00 each time.

- L fwd, hold & Shimmy, Touch front, side, front, side**  
1,2,3,4 Stomp L fwd, hold and shimmy shoulders, Stomp R fwd, hold and shimmy shoulders  
5,6,7,8 Touch L front, Touch L to L side, Touch L front, Touch L to L side  
Repeat counts 1-8

**NOTE:** This dance can be used as a split floor with Simon Ward's successful Intermediate dance 'Outta Control'. This dance was choreographed for my easy-intermediate class.

ILLAWARRA  
COUNTRY  
BOOTSCOOTERS

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