



High on Me



Music: "High on Me" Artist: Guy Sebastian Album: Conscious
Choreographer: Colleen Archer, Charters Towers, Qld, Australia
Track Time: 3.18 mins Counts: 32 4 Walls Easy Int. Level BPM: 108
Intro: 4 counts SP: Weight on R Rotation: ¼ CCW
Date: 5/1/2018 Version 1 "For Jesse"
email: colleen.archer@bigpond.com 0400872467



Side, Touch & Click, Kick Ball Cross, Full Turn, Shuffle

- 1, 2 Step L to left side, Touch R beside L and click fingers of right hand
3 & 4 Kick R forward, Step R slightly back, Step L across R
5, 6 Turn ¼ left & step R back, Turn ½ left and step L forward
7 & 8 Turn ¼ left and step R to right side, Step L beside R, Step R to right side (12)

Across, Recover, Tog, Across, Recover, Tog, Forward Turn ½, Coaster

- 1, 2 & Step L across R, Recover R, Step L beside R
3, 4 & Step R across L, Recover L, Step R beside L
5, 6 Step L forward, Turn ½ right keeping weight on L
7 & 8 Step R back, Step L beside R, Step R forward (6)

L Dorothy, R Dorothy, Rock Forward, Recover, ¾ Triple Turn

- 1, 2 & Step L to left diagonal, Lock R behind L, Step L slightly to left side
3, 4 & Step R to right diagonal, Lock L behind R, Step R slightly to right side
5, 6 Rock step L forward, Recover R
7 & 8 Turn ¾ left stepping L R L on spot (9)

X-Samba, Across, Touch Side, Tog, Touch Side, Sailor, Across

- 1 & 2 Step R across L, Rock step L to left side, Recover R
3 Step L across R
4 & 5 # Touch R toe to right side, Step R beside L, Touch L toe to left side
6 & 7 Step L behind R, Rock step R to right side, Recover L
8 Step R across L (9)

Begin dance again.....

Finish: # Dance first 29 counts then add.....

- 6 & 7 Turn ¼ left & step L behind R, Rock step R to right side, Recover L
8 Step R across L

Dance may be copied and distributed provided original steps remain unchanged.