

Hello Muddah Fun Dance

Music: Hello Muddah, Hello Fuddah
by Alan Sherman available from Amazon or iTunes

Music taken from ' Dance of the Hours'
in 'La Gioconda' opera by
Amilcare Ponchielli

Choreographer: Jouk About

Intro: Approx. 26 beats, start on vocal

FUN UPPER BEGINNER

Beats	Steps	Direction	Actions for fun
Section 1	Step right forward, step 1/4 turn left, 2 paddle turns		
1 - 2	Step R diagonally forward		Wave right hand (2)
3 - 4	Step onto L with 1/4 turn to left	9 on clock	Wave left hand (4)
5 - 6	Step R forward, pivot 1/4 left taking weight onto L	6 on clock	
7 - 8	Step R forward, pivot 1/4 left taking weight onto L	3 on clock	
Section 2	2 cross sambas, rumba box (modified)		
9 & 10	Step R over L, rock L to left side, recover weight on R		
11 & 12	Step L over R, rock R to right side, recover weight on L		
13 & 14	Step R to right side, step L beside R, step R forward		
15 & 16	Step L to left side, step R back, step L back		

REPEAT THREE (3) MORE TIMES TO END BACK AT FRONT (12 on clock) ~ Trust me !

NOW FOR THE BRIDGE !

Beats	Steps	Direction	Actions for fun
Section 3	Step 1/4 turn right, side rock, rock, step 1/4 turn left; Forward rock, rock, rock; Rock recover; Back, lock, back		
1 & 2	Step onto R with 1/4 turn to right, rock L then R	3 on clock	Both hands outstretched, to chest then back out (1&2)
&	Step onto L with 1/4 turn left	12 on clock	
3 & 4	Rock forward R,L,R		Both hands outstretched, to chest then back out (3&4) while leaning forward & back
5 - 6	Rock forward on L recover on R		
7 & 8	Step L back, lock R across in front of L, step L back		
Section 4	Back, lock, back; Walk full circle left		
9 & 10	Step R back, lock L across in front of R, step R back		
11 - 14	1/4 left walking forward on L, 1/4 left walking forward on R 1/4 left walking forward on L, 1/4 left walking forward on right		

REPEAT Section 3 & 4 ABOVE and ADD 3 FORWARD WALKS & STOP

Step forward Left, Right , Left and Right together

REPEAT Section 1 & 2 ABOVE TWICE

Start on ' Dearest Father '

ENDING: You will be facing the back

1/2 Pivot cross, side rock cross

1 & 2	Swing R round to front, replace weight onto L, cross R over L		
3 & 4	Step L to side, replace weight onto R, cross L over R with wide step		Both hands outstretched

This is slow and easy, enjoy the music, fun words and, of course, the actions !