

HEIDI

WINNER OF THE EASY INTERMEDIATE SECTION AT TAMWORTH 2015

SONG: Heidi by Kurt Darren **ALBUM:** In Jou oë 2010

CHOREOGRAPHER: Jan Wyllie, Hervey Bay, Qld., Australia

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DANCE: 64 counts, 2 walls, 136 bpm, 16 count intro, **EASY INTERMEDIATE** Jan. 2015

1 RESTART

STEPS

PATTERN OF DANCE

	<u>Step R Fwd and Sway Fwd Back Fwd Hold - Repeat on L</u>
1,2,3,4	Step fwd on R and sway hips fwd back fwd, Hold
5,6,7,8	Step fwd on L and sway hips fwd back fwd, Hold
	<u>Rock Fwd Recover, 1/2 Shuffle, Step Pivot 1/2, Step Fwd Hold</u>
9,10	Rock/step fwd on R, Recover back on L
11&12	Making 1/2 right shuffle fwd RLR <i>(if you don't turn, just shuffle back)</i>
13,14	Step fwd on L, Pivot 1/2 right transferring wt to R <i>(or rock back on L recover on R if you didn't turn)</i>
15,16	Step fwd on L, Hold
	<u>Step R Fwd and Sway Fwd Back Fwd Hold - Repeat on L</u>
17,18,19,20	Step fwd on R and sway hips fwd back fwd, Hold
21,22,23,24	Step fwd on L and sway hips fwd back fwd, Hold
	<u>Rock Fwd Recover, Shuffle Back, Rock Back Recover, Step Fwd Hold</u>
25,26	Rock/step fwd on R, Recover back on L
27&28	Shuffle back RLR
29,30	Rock/step back on L, Recover fwd on R
31,32	Step fwd on L, Hold
	<u>2 Kick Ball Changes Moving Sideways</u>
33&34	Kick R fwd, Step R slightly right, Step L to left
35,36	Touch R beside L, Hold
37&38	Kick R fwd, Step R slightly right, Step L to left
39,40	Touch R beside L, Hold RESTART HERE ON WALL 5
	<u>Side Shuffle, Behind Side, Cross Rock Recover, Side Hold</u>
41&42	Side/Shuffle right stepping RLR
43,44	Step L behind R, Step R to right
45,46	Cross/rock L over R, Recover on R
47,48	Step L to left, Hold
	<u>Cross Toe Strut, 1/4 Toe Strut, Cross Toe Strut, 1/4 Toe Strut</u>
49,50,51,52	Toe strut R over L, Making 1/4 left toe strut fwd on L
53,54,55,56	Toe strut R over L, Making 1/4 left toe strut fwd on L
	<u>Step Pivot 1/4, Step Fwd Hold, Step Pivot 1/4, Step Fwd Hold</u>

57,58,59,60
61,62,63,64

Step fwd on R, Pivot 1/4 left, Step fwd on R, Hold
Step fwd on L, Pivot 1/4 right, Step fwd on L, Hold

***There is a restart after count 40 on wall 5**

The music slows at the start of this wall (5) so have a bit of fun with it if you feel so inclined!

*What a great little song... it's terrific to dance to. I tried to make this dance interesting without being too hard, hope YOU find it to be so~ There's a lot of repetition so the 64 counts is not a true indication of the dance itself.
See you on the floor sometime.... Jan*